



NATIONAL SERVICE SCHEME

ST. MICHAEL'S COLLEGE, CHERTHALA

UNDER UNIVERSITY OF KERALA

Unit No. 07/047 A & B



ACTIVITY REPORT

2018-2019

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INTRODUCTION

St. Michael's College, Cherthala reflects the lofty pedagogical mission of the Diocese of Alappuzha which has been devoting long years to the formation of erudite citizens for India by imparting value-based education through the selfless service of men of commitment and dedication. The long cherished dream of the stalwarts of the Diocese found its realization in this citadel of knowledge which took its birth on 19 June 1967, as a result of prolonged and strenuous efforts and resoluteness. The correspondence between the University of Kerala and the Diocesan Management of Alappuzha had begun several years back. The authorities of the diocese were fully conscious of the mission to uplift the educationally less sophisticated and downtrodden who were wallowing in poverty and misery.

The college was the dire need of the educationally marginalized community spread throughout Cherthala-Ambalappuzha and Kanayannur constituencies. Hence the construction of the infrastructure began in the middle of July 1964 itself and the foundation stone was blessed by His Excellency Bishop Michael Arattukulam and was laid by the then Vicar General Msgr. Silverious Jackson. The community joined in this noble endeavor with all its enthusiasm by setting apart their 'Kettuthengu' to give their mite towards the construction of the college. The pace of progress in its development was duly accelerated by the proper guidance of Msgr. Joseph Thekkepalackal and the institution was initially named as 'St. Michael's Institute.' It was then officially approved and recognized as St. Michael's College on 19th June 1967.

The official inauguration of the college took place on 29th September 1967 with Prof. John Mathai, the Vice-chancellor of the University on the dais. Right from its inception, St. Michael's College established a reputation by fostering exemplary discipline on the campus and made its debut by ensuring that all the 333 candidates who appeared for the first examination from the college passed in their first attempt itself. It took 8 long years since its commencement to raise St. Michael's from a pre-degree to a graduate college. The college was placed under 2(f) 12 B of the UGC act on the 10th of February 1994. This made the inflow of UGC grants possible for undertaking developmental activities. The college has been accredited with A grade and it is hoped that the full-fledged support of all the stakeholders of the college will lead this institution to the heights of glory.

According to the new UGC norms, social extension activities are an integral part of the curriculum. The National Service Scheme of St. Micheal's College is the leading organization that takes up such activities. It is a matter of great pride that in the last five years, the NSS unit of the college has achieved phenomenal success and is a leading unit in the area of social service.

The primary aim of the unit is the development of students' personality through social service. To attain this, the unit has set forth a number of secondary objectives. They are:

1. Understand the community in which volunteers work.
2. Understand the role of a student in his/her community.
3. Identify the needs and problems of the community, and involve the students in problem solving.
4. Inculcate and develop a sense of social and civic responsibility among students.
5. Utilize students' knowledge in finding practical solutions to individual and community problems.
6. Develop competency required for group living and sharing of responsibilities.
7. Gain skills in mobilizing community participation.
8. Acquire leadership qualities and democratic attitudes.
9. Develop the capacity to meet emergency situations and natural disasters.
10. Practice national integration and social harmony.

St. Michael's College National Service Scheme has two units KL 07/047 A and KL/07/047 B. The total allotted strength of the unit is 200. Dr. Teny David from the Department of Botany and Dr. Seena Kurian from the department of Hindi are the present Programme Officers of the unit. Mr. Ganesh H. and Ms. Mariyam Johna J. are functioning as the volunteer secretaries for the year 2019-20. All the activities of the unit are designed and monitored by the advisory committee of the unit, which is chaired by the principal Dr. Mathew V. The unit has an adopted village, ie. Veliambra, the 8th ward of Thanneermukkom, and Smt. Ushakumari Sivadasan is the ward member of the village.

To achieve the goals, the unit organises various community and campus activities. The major areas of activities are health awareness and camps, organic farming, house construction and renovation, blood and organ donation campaigns, environmental conservation, awareness against

drug and alcohol abuse, empowerment of the marginalised and women, tree planting, pond rejuvenation etc. The main target of the community activities are the villagers of the adopted village and campus activities are the students of the college.

ACTIVITY REPORT OF 2018-19

FLAGSHIP PROGRAMMES

FLOOD RELIEF

The state of Kerala met with the largest flood in the history of the state in 2018. After the first flood in June and July, the state experience an unexpected heavy rain which led to the greatest flood in the month of August. The flood affected almost all the districts of the state. But the most severely affected were the central districts such as Pathanamthitta, Alappuzha, Kottayam, Ernakulam and Thrissur. Many lost their lives and thousands of houses were destroyed. After the first shock, the state came with urgent rescue and rehabilitation activities to meet the challenges. A major part of these activities were volunteered by the youth of the state. As a voluntary organization which comprises of youth, National Service Scheme played a vital role in all these activities. The NSS unit of St. Michael's College also conducted many relief activities along with other government and nongovernment agencies.

1. Collection Centre

In connection with the relief activities of the 2018 flood, the unit organised a collection point in the college. Through this centre, the unit collected, clothes, food, medicines, soaps, towels, lotions and other commodities from students, teachers and the public. The collected commodities were distributed to different relief camps and peoples at 10th Pius Church, Punnappa (31.07.2018), St. Joseph's school, Pollathe (18.08.2018), Cherthala, Thanneermukkom, Aluva, Thrissur and Idukki. The volunteers of the unit also served in various collection centres (SD college, Alappuzha, SNHSS Kanichukulangara), relief camps and medical camps organised in connection with flood.





2. Rescue Activities

Volunteers of the unit participated in different rescue operations in connection with flood, Salman Siraj of the unit was served as a member of the Alappuzha district medical team for rescue operations. Ameer ashiq, Vivek G.K and Divine George Kurian participated in rescue operations.

3. Food Supply

The volunteers of the unit prepared food packets and distributed to relief camps at Kokkothamangalam High School (17.08.2018) and Aravukadu High School (18.08.2018) during flood.

4. Flood Relief Camp: GHSS Thanneermukkom (17 to 27.08.2018)

Thanneermukkom, the adopted village of the unit, which is situated on the banks of Vembanad Lake was also severely affected with flood. As per the request from the Thanneermukkom Gramapanchayat, the NSS unit of St. Michael's College organised a flood relief Camp at Govt. Higher Secondary School, Thanneermukkom from 17.08.2018 to 27.08.2018. Around 1500 people from Thanneermukkom, Alappuzha, Kuttanad and Kumarakom were registered



in the camp. The programme officer Dr. Teny David, Sri. Jins Jose and the senior volunteer Sri. Vivek G.K. were the coordinators of the camp. 80 volunteers from the unit served as the volunteers of the camp and performed various duties. In their leadership the volunteers cleaned the camp, arranged accommodation facilities, collected and distributed basic commodities such as dress, mat, sheets, pillows, toiletries etc. and prepared & distributed food in association with the local authorities



5. Flood Relief Camp: St. Michael's College, Cherthala (19 to 30.08.2018)

A second camp was conducted at St. Michael's College, Cherthala jointly by the Management, PTA, Staff association, NSS, NCC, Women's club and Cherthala South Panchayath. Around 2500 people from Kuttanad registered in the camp. The NSS volunteers of the college along with other clubs served as volunteers in registration, cleaning & sanitation, food preparation & distribution, collection & distribution of camp relief materials, distribution of medicines etc. 150 volunteers participated in these activities including the senior volunteers. Prof. P.Pratheesh and Dr. Teny David led the NSS team.



6. Post Flood Activities

A number of post flood activities were also conducted by the unit. The volunteers involved in cleaning the flooded houses, distributed dresses to various places, conducted cleaning



activities to prevent the spread of epidemics in the adopted village. The unit also conducted campaigns to create awareness about epidemics, its prevention, environmental conservation and pollution control.



7. Rebuild Kerala

The government of Kerala has implemented various projects under Rebuild Kerala to help the flood victims to revive their lives. The responsibility of identifying the beneficiaries was given to the local self-governments. This was a challenge to the panchayaths, because they have to conduct various surveys with in a limited period to identify the correct beneficiary. To meet this challenge in an effective way, the adopted village of the unit, Thanneermukkom panchayath, seek the help of St. Michael's college NSS unit. The unit took up the task and successfully conducted various surveys in connection with Rebuild Kerala project, on behalf of the Thanneermukkom panchayath and Government of Kerala. The surveys included surveys to assess the damaged caused to houses due to flood, the condition of wells after flood and health surveys.



RADIO 'MIDAYI' : A CAMPUS RADIO
(06-07-2018)

The unit implemented a campus radio named *RADIO MIDAYI : OTHIRI MADHURAM ITHIRI KUSRUTHI*. The project was aimed to provide infotainment programmes to the students during the intervals and also to introduce the post-modern job opportunities in the area of mass media and communication to the volunteers. The programmes included speeches, quizzes, general information, songs and cultural talents. Mr. Aswin and Kumari Sreelakshmi were the RJs for the radio. The radio was launched by the District collector of Alappuzha Mr. Suhas S. IAS in the presence of Rt. Rev. Dr. Stephen Athipozhiyil. College Principal Dr. Mathew .V, Programme officers Prof. P. Pratheesh and Dr. Teny David were present during the occasion.



MEGA PROGRAMMES

'AMMA VEEDU'

As a part of 'Swach Bharath mission', the unit conducted a survey in the adopted village, 8th ward of Thaneermukkom panchayath, to identify the hotspots for activities. The survey led to the identification of an 80 year old blind, widow and orphan lady named Madhavi. She was living lonely in an unhygienic situation and her house was severely damaged. As a solution to this condition, the unit implemented a project entitled 'AMMA VEEDU'. As part of this project, the unit adopted Madhavi and designated her as 'AMMA' (mother) to create an affection among volunteers towards her. Then the volunteers cleaned her house, renovated it by rectifying the damages. Rectification included filling the cracks, replacing the damaged doors and repainting. The unit provided pillows, bed sheets and walking sticks for her. Madhavi amma's case was also brought into the notice of the local authorities for further supports. Volunteers conducted occasional visits to provide palliative care to her throughout the year.



ICE CREAM STALL AND GIFT COUPON

The National Service Scheme of St. Michaels College conducted two fund raising programmes to rise fund for the house construction project ‘SNEHAVEEDINORU KAITHANG’. The project was aimed to provide a partial financial assistance to complete the construction of the house of a cancer patient Smt. Ambika from the adopted village and to build a house for Kumari: Sreekutty, a National level power lifting champion and a student of St. Michael’s College. Two programmes were conducted to raise the fund for the project. First one was an ice cream stall conducted in connection with the feast of the St. Sebastian’s Church Arthunkal. It was conducted from 17th to 28th of January 2019. The stall was functioning day and night. Volunteers were deputed in a shift manner to manage the stall. Through the activity the unit raised a fund of 1lack rupees. Second programme was the gift coupon. The volunteers identified sponsors for gifts and raised a fund of 1.5 lack through the gift coupon. With this fund and the financial assistance from the Panchayath, the unit has planned to complete the construction of the house of Sreekkutty in the NSS year 2019-20.

നിർധന കുടുംബത്തിനു വീടൊരുക്കാൻ കോളജ് വിദ്യാർത്ഥികൾ ഐസ്ക്രീം വിളമ്പുന്നു



മാതൃകാപരിഷ്കരണ അസോസിയേഷൻ നിയോഗിച്ച ഐസ്ക്രീം വിൽപന കോർപ്പറേഷൻ വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി.

ഇക്കാരണത്താൽ കുടുംബത്തിന് വീടൊരുക്കാൻ സഹായം നൽകി. കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി. കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി. കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി.

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കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി. കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി. കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകി.

Sea Wall Making at Ottamassery
(22-05-2018)

Every year sea erosion is a common phenomenon in Alappuzha in connection with Monsoon. It causes flood and permanent destruction of many houses. This year also many houses were lost and many were under threat. In this circumstance, as an immediate solution to prevent the loss of many houses, the volunteers of National Service Scheme of St. Michael's college, Cherthala constructed a temporary sea wall at Ottamassery. The volunteers collected plastic bags, filled it with sand, stitched it and stacked one above the other to build the wall. Around 500 bags were prepared to cover an area of 200m. The programme officers Prof. P.Pratheesh and Dr. Teny David and around 100 volunteers along with the villagers participated in the event.



COMMUNITY PROGRAMMES

MANGO FEST (17-05-2018)

Mango festival is organised every year at Cherthala jointly by Green Leaf Nature and St. Michael's College, National Service Scheme to create an awareness among the public regarding the significance nutritive, health, agricultural



and environmental significance of the tropical fruit Mango at Nair Service Society Taluk Union Hall, Cherhala. Lyricist Sri. Vayalar Sarathchandra Varma inaugurated the function. The fest included the exhibition of different varieties of native mangos and dishes prepared from mango.



Cyber Awareness Seminar (21.05.2018)

St. Michael's College National Service Scheme organised a cyber awareness seminar in association with Sambhu Memorial Vidwal Trust on 21.05.2018 at Sambhu Memorial Trust hall at Thuravoor. The seminar is organised for the school and college students of different parts of Alappuzha. Students from 15 schools participated in the seminar. The seminar included awareness class on cyber acts and crimes, traffic awareness and first aid.



Social, Health and Financial Survey (23-06-2018)

The NSS unit of St. Michael's College has decided to adopt a second village, Veliambra (Ward 8, Thanneermukkom Grama Panchayath) for the activities. As a primary step, the unit conducted a Socio-Economic and Health survey in the village to understand the Socio-economic and health status of the village and also to identify the areas of activity. The survey was conducted in association with Thanneermukkom Grama panchayath on 23rd July 2018. The survey was inaugurated by the ward member Smt. Ushakumari Sivadasan. After the inauguration the volunteers were divided in to 10 groups and each group visited 30 houses each. A total of 300 out of 450 house were covered in the survey. Report was prepared on the basis of the survey and future activities were planned based on the report.



Health for All, Wealth for All: Medical Camp (13-08-2018, 14-08-2018)

The socio-economic and health survey conducted in the adopted village revealed the need for projects meant for the betterment of the health statues of the villagers. As a first step this, the NSS unit of St. Michael's College organised a medical camp entitled Health for all, Wealth for all, at the adopted village, Veliambra(Ward 8) of Thanneermukkom Panchayath, in association with Muthoot Hospital and Thanneermukkom



Gramapanchayath. The camps were conducted on 13.08.2018 and 14.08.2018 at 2 Anganvadis of the village. The camp included detection life style diseases, Kidney diseases, Cancer checkups, Eye checkups and health education classes. Around 400 villagers were benefitted out of the camps.



Gandhi Jayanti Observance

(02.10.2018)

The NSS unit of St. Michael's College celebrated the Gandhi Jayanthi on 2nd October 2018. The celebrations were conducted at Hopes community village and College.

Hopes community village

Hopes community village is a shelter for orphan children where children were taken care of in an artificial family. Each family is provided with a house and a mother. As per the request from the authorities of the Hopes village the unit organized the Gandhi Jayanthi celebrations at the Hopes village. Programme officers Dr. Teny David and Prof. P.Pratheesh along with 40 volunteers



participated in the celebrations. The celebrations included an introductory class on Hopes village, interactive sessions with the children, implementation of a vegetable garden and cultural programmes by the children as well as the volunteers. The programmes started with an introductory presentation on Hopes village. After the presentations, the volunteers visited different houses in the village and interacted with the families and conducted games. Then the unit installed a vegetable garden with 100 grow bags. The bags were prepared and saplings of chilly, ladies finger, pea, snake guard and amaranthus were planted and arranged in an area of 5 cents in the village. After the lunch Cultural programmes were conducted by the volunteers and the children.



Children's Day Celebrations (14-11-2018)

Children's day is observed every year on 14th November to create awareness among the people about the importance and rights of children. The Children's Day celebrations was organized in the Anganvadi of the Cherthala South Panchayat. The volunteers of the unit organized rallies, conducted competitions, games and cultural programmes for the children. The winners were presented with gifts and sweets. A feast was also arranged as a part of the celebrations. Jilla panchayath member Sri. T.S. Reghuvaran, Ward member Smt. Rejimol Biju and Programme officers were the guest for the day.



National Leprosy Eradication Week

The volunteers of the unit participated in the Leprosy awareness rally on 30.01.2019 organized in connection with National Leprosy Eradication Week 2019. The rally started from Prathyasa leprosy asylum. Rally was inaugurated by the Superintendent of the hospital Dr. N. Anilkumar.



House Construction

The volunteers of the unit helped in the construction of the house of Sri. Augustine at Chettikad, who was struggling to complete the construction of his house due to financial constraints. The Malayala Manorama reported the news and by noticing the news the volunteers decided to provide him with man power to complete the construction.



CAMPUS PROGRAMMES

World Environment Day (05-06-2018)

The National Service Scheme of St. Michael's College celebrated the world Environment day on 5th of June. A fruit tree planting drive was arranged in the campus as the celebration. The associate programme officer Prof. Sam Johnson inaugurated the program and delivered the environment day message. In his message, he pointed out the importance of protecting the environment. He encouraged everyone who gathered there to protect our environment as the basic need for survival in this earth. The volunteers planted trees in the campus and neighboring villages. 50 saplings were planted and 100 saplings were distributed to the volunteers. Programme officer Dr. Teny David was also present for the occasion.



World Blood Donor Day (11-06-2018)

Blood donation is a major and continuous activity of the unit. The unit organizes blood donation camps to create an awareness among volunteers regarding the importance of safe blood donation. The first blood donation camp of the year is organized on 11.06.2018 in connection with World Blood Donor Day celebration 2018. The camp was organized in association with Red Ribbon Club, TD Medical College Blood Bank and HDFC Bank. 110 students participated in the camp in which 57 students donated the blood.



Voluntary Blood Donation

The unit also provides blood donors for hospitals in Alappuzha, Ernakulam and Kottayam. A total of 180 students participated in voluntary blood donation drives during the year in the leadership of National Service Scheme.

International Day of Yoga (21 -06-2018)

NSS unit of St. Michael's college Cherthala celebrated the International Day of Yoga on 21st June 2018. Celebrations included awareness class and yoga training. Yoga instructor Dr. Dileep Kumar was the chief guest for the event. In his class he emphasized the importance of Yoga for a healthy life style and also demonstrated different Yoga postures. Both the NSS volunteers and NCC cadets joined the celebrations.



International Day against Drug Abuse and Illicit Trafficking (26-06-2018)

NSS unit of St. Michael's college Cherthala observed International Day against Drug Abuse and Illicit Trafficking on 26th June 2018. An awareness class was organized on the day. The principal of the college Dr. V. Mathew was the resource person for the programme. In his speech, he called for integrated action in competing the threats caused by drug abuse. Anti-drug pledge was also taken by the volunteers.

International Day of Tiger (29-07-2018)

NSS unit of St. Michael's college is observed the International day of tiger to create an awareness among the students about the National Animal and also about the need for conserving the animals. The programme included a message by the second year volunteer Kumari Treesa Mary Bose. In her message she emphasized the importance of a Tiger in the sustainable existence of an ecosystem and the threats the animal faces in the present scenario.

Enrolment Campaign

Selection of a dedicated group of volunteers is the first step to build a promising and creative unit. For this purpose the unit organize an enrollment campaign for the first year students. It started with the invitation of the applicants. A total of 253 applications were received from the students. To screen and identify the best students to enroll, the unit organized a series of activities such as cleaning, agriculture activity, tree planting, organization of programmes, cultural events and interview. Through these activity 100 volunteers were selected and successfully enrolled. The enrollment procedure was conducted by the second year leaders under the leadership of the programme officers Prof. P.Pratheesh and Dr. Teny David

Hiroshima Day Observance (06-08-2018)

Hiroshima Day was observed on 6th August to commemorate the victims of nuclear war and also to create an awareness among the volunteers and students against nuclear war. As a part of the observance, the volunteers created a 'Peace tree' with Sadako paper cranes. The first year volunteer Kumari Amrutha delivered a speech on Hiroshima Day.

Independence Day Celebrations (15-08-2018)

71st anniversary of Indians independence was celebrated by the St. Michael's College on 15th August 2018. The celebrations were led jointly by National Service Scheme and National Cadet Corps. Celebrations included flag hosting, Independence Day message, parade and cultural programmes. NCC led the parade and NSS performed the cultural programmes. Sri. Chellappan, the oldest and the first member of



the St. Michael's College community hosted the flag and Principal Dr. Mathew V. delivered the message. Sweets were also distributed to the participants of the programme.

Teachers Day Celebration (05.09.2018)

The unit organized Teacher's Day celebration on 4th of September 2018. The programme was aimed to proclaim the role of teachers in nation building. The students celebrated the day by paying tribute to the teaching community. They honoured the teachers with flowers and gifts. A cake cutting was also organized. Prof. Annie Jose K, Head of the Department of Zoology was the chief guest for the day.



Advisory Committee Meeting (03-09-2018)

The advisory committee meeting of the unit was conducted at St, Michael's college on 3rd September 2018. Principal of the college Dr. Mathew V. presided the meeting. The meeting started with prayer. The program officer Dr. Teny David welcomed the gathering. The financial aspects and upcoming programs for the upcoming year were discussed in the meeting. After principals address the volunteer secretary Sri. Joji P.J. presented the annual report for the year 2017-18. Volunteer secretary Kumari Seethal Britto presented the year plan for the year 2018-19. After discussion and modification, the advisory committee accepted the plan and grant permission for the activities. Manager of the college Fr. Nelson Thaiparambil, Prof. Antony Kuriakose, Smt. Ushakumari Sivadasan (Member , Ward 8, Thanneermukkom), Rejimol Babu (Member, ward 12, Cherthala South Panchayath) Block panchayath member P.R. Reghuvaran, Programme officer Prof. P. Pratheesh, Associate programme officers Prof. Sam Johnson and Sri. Jithin Babu were present for the meeting. The meeting was concluded with the vote of thanks by NSS volunteer Kumari Devika M.G.

N.S.S Day Celebration (24-09-2018)

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation, Mahatma Gandhi. Therefore, 24 September is celebrated every year as NSS DAY with appropriate programs and activities. As a part of the celebrations a cleaning drive was organized on National High Way. The volunteers removed the plastic waste and tree logs, levelled the pits and planted flowering plants for beautification. The activity was appropriate for the day as cleanliness was a priority for Gandhi so as to NSS. An NSS rally was also conducted through the adopted village to proclaim the role of NSS in moulding the youth and Nation building.



Thiranottam 2018

First Year Orientation

(29.09.2018 to 30-09-2018)

A two day residential orientation for the newly enrolled volunteers were conducted from 29.09.2018 and 30.09.2018. The programme was presided by the principal Dr. Mathew V. and inaugurated by Prof. Vineeth Chandra KS (NSS program officer, SD College Alappuzha). Ice breaking sessions were also conducted by him. The orientation included classes on NSS: philosophic & practices, leadership & group dynamics and programme planning & implementation. The activities included



shramadan, agricultural practices, tree planting, games and cultural programmes. Programme officers Dr. Teny David and Prof. P. Pratheesh led the orientation.



Blood Bouquet

World Blood Donation Day (01-10-2018)

The unit observed World Blood Donation Day by organizing the second blood donation camp of the year. The camp was organised in association with the Blood Bank of TD Medical College, Alappuzha and HDFC bank. 120 students participated in the camp and 60 volunteers donated their blood.



Gandhi Jayanthi

A cleaning drive was conducted in the campus in connection with Gandhi Jayanthi. The volunteers in the leadership of the Programme officer Dr. Teny David cleaned the campus and trees were planted. Volunteers also took pledge.



Master Mind Quiz Competition

Master Mind Quiz, a state level quiz competition was conducted on 03.10.2018 by the NSS unit of St. Michael's College. A total of 25 teams from different districts of Kerala participated in the competition. Sri. Jins Jose was the quiz master for the competition. The principal of the college Dr. Mathew V. inaugurated the competition. The winners were presented with certificates and cash prize. Programme officers Dr. Teny David and Prof. P.Pratheesh participated in the programme.



White Cane Day (15.10.2018)

The White Cane Day is observed to educate the world about blindness and how the blind and visually impaired can live and work independently. The day is observed also to celebrate the abilities and successes of blind people and honour the contributions of the blind and visually impaired. The NSS unit of St. Michael's College observed the day by creating a formation of the White Cane day logo in the ground.



WORLD AIDS DAY

AIDS DAY is observed every year on December 1st to create awareness among the public about the need to control the spread of AIDS and also to create a positive mentality towards AIDS patients. The NSS unit of St. Michael's College observed the Day as a one week programme from 01.12.2018 to 06.12.2018 in association with Red Ribbon Club. The programmes were conducted under the leadership of Dr. Teny David, Prof. P.Pratheesh and Prof. Sam Johnson.

Day 1 (01-12-2018)

On the first day an awareness campaign was conducted at Mararikulam beach, which is a tourist site. As a part of the celebrations, the volunteers distributed red ribbons to the visitors, created a Red Ribbon formation in the beach, flew red balloons and conducted a cleaning drive. The volunteers also took the AIDS day pledge along with the visitors. Programme officers Prof. P. Pratheesh and Dr. Teny David along with 60 volunteers participated in the programmes.



Day 2 (02-12-2018)

On the second day, a AIDS awareness documentary was screened at the College seminar hall for the students. 130 students including NSS volunteers participated in the programme.

Day 3 (03.12.2018)

On the third day, a pencil drawing competition was conducted. The theme for the competition was AIDS and its prevention. 35 students participated in the competitions.



Day 4 (04.12.2018)

On the Fourth Day an AIDS awareness class was conducted in the seminar hall. 200 students participated in the class. Sri. Chrystopher P.J., HSST Zoology, St. Francis Assisi HSS, Arthunkal was the resource person for the class.



Day 5 (05.12.2018)

On the fifth day a poster exhibition regarding AIDS awareness was conducted. The volunteers prepared 17 posters it was exhibited in the campus.



Day 6 (06.12.2018)

An oath taking session against AIDS was conducted on 07.12.2019 and the prizes for the winners were also distributed in the function. Prof. Sam Johnson of the Department of English led the function.



World Cancer Day (04.12.2018)

December 4th is observed as the World Cancer day. Unit observed the day by conducting a rally to Prathyasa cancer centre. Prof. Pratheesh P. inaugurated the rally.

Paper Bag and Paper Pen Making

Paper bags and Paper pens are a means of creating awareness among the public regarding the need for reducing the use of plastic. For this purpose and also as a skill development activity, the unit organized a paper pen and bag making training programme for the volunteers. Through this activity the unit was able to give an alternative to plastic, which in turn helped the volunteers in field campaigns against plastic. The bags and pens produced were distributed to the houses and shops of the adopted village during anti-pollution and anti-plastic campaigns.



Suchitwa Mission Awareness Class (09.12.2018)

Cleanliness and pollution control is a prime concern of the country and state in recent years. Government has implemented various projects for this purpose. Many of such endeavours are implemented by Suchitwa Mission for the state. To introduce these projects and also to create an awareness among the volunteers regarding the need for reducing the use of plastic, pollution and also environmental conservation, the unit organised an awareness class in association with Alappuzha district Suchitwa Mission. Sri. Venugopal was the resource person for the day.



Special Outreach Programme (04.01.2019)

The NSS unit of St. Michael's College, Cherthala organized a special outreach programme in association with Ministry of Information and Broadcasting, Government of India. As a part of the programme awareness classes and career guidance classes were conducted. Awareness class was led by Sri. Venugopal on Environment conservation and pollution control. Career guidance class was conducted by Sri. Rajoo Krishnan.



National Youth Day (15-01-2019)

National Youth Day celebrations was conducted on 15th January 2019. The unit organised a cycle rally to celebrate the day. 25 volunteers participating in the rally. The Programme Officer Prof. Pratheesh P. inaugurated the rally. Rally started from the college ground, covered a distance of 8 Kms. and ended at Thaneermukkam.



യുവജനവാദചരണ സന്ദേശ യാത്ര നടത്തി

ഇരുപതു രാശി യുവജന ഡേ എഴുത്തു പ്രവേശന വേദിക കീഴിൽ ഉൾക്കൊണ്ടിരിക്കുന്ന ചരണ സന്ദേശ യാത്രയുടെ ഭാഗമായി ഹൈസ്കൂളിന്റെ അധ്യക്ഷന്മാർ മുൻനിർത്തി കലണ്ടർ മാസങ്ങൾ കൈമാറ്റം ചെയ്യാൻ അഭ്യർത്ഥിക്കുന്നതിനും എന്തിനും അനുബന്ധമായി സംഘടിപ്പിച്ചു. ഏകദേശം 25 ഓളം സമാജികൻമാർ പങ്കെടുത്തു. യാത്രയുടെ ഭാഗമായി ഹൈസ്കൂളിന്റെ അധ്യക്ഷന്മാർ മുൻനിർത്തി കലണ്ടർ മാസങ്ങൾ കൈമാറ്റം ചെയ്യാൻ അഭ്യർത്ഥിക്കുന്നതിനും എന്തിനും അനുബന്ധമായി സംഘടിപ്പിച്ചു.

ഹൈസ്കൂളിന്റെ അധ്യക്ഷന്മാർ മുൻനിർത്തി കലണ്ടർ മാസങ്ങൾ കൈമാറ്റം ചെയ്യാൻ അഭ്യർത്ഥിക്കുന്നതിനും എന്തിനും അനുബന്ധമായി സംഘടിപ്പിച്ചു.

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‘Transparent’: Social Justice Day

‘Transparent’, the social justice day was observed in our college on 20th February 2019. An interactive session with the transgender artist Sudish Sitara was organized for the volunteers to understand the challenges faced by the transgender. The programme was organized in the College seminar hall. The students of various departments and NSS volunteers participated in the program. Programme officer Prof. P. Pratheesh presided the meeting.



Organic Farming

Organic farming is a regular and continuous activity of the unit. It is aimed to develop the habit of organic farming among volunteers and also to train them to perform various steps in organic farming. This year also the farming activities started in the month of May with the cleaning of the plot. It is followed by preparation of seedbeds, manuring, weed clearing, snail control etc. The volunteers were also given the training in grow bag preparation. Unit planted capsicum, pea, amaranthus,



World Water Day (22-03-2019)

World water Day is observed to create an awareness about the need for conserving water. The unit observed the day on 22nd March 2019. A seminar on water conservation was conducted in the adopted village to spread the message of the water scarcity and the need for water conservation. Head of the Department of English Fr. Titus Augustine was the resource person for the seminar. The seminar was concluded with creative suggestions and ideas for water conservation from the audience.

National Voter’s Day (22-03-2019)

National Service Scheme of St. Michael’s College Cherthala observed National Voter’s Day on 24.01.2019. The day was observed by conducting a training to familiarize the voting machine to the newly enrolled voters as a preparation to Lok Sabha election 2019. As a part of the programme volunteers and students were given training in electronic voting machine by the election officers. The programme was inaugurated by the Tahsildar Sri. Anupaman. The programme was presided by Prof. P.Pratheesh.



Womens Day and Validictory Function

The NSS unit of the college organised The Women's Day celebration and the valedictory function of the year 2018-19 on March 31st March 2019. The meeting was presided by the principal Dr. Mathew V. and inaugurated by Smt. Bettymol P.D., sub-inspector, Pink Police. Smt. Fousi R.



Naseem, founder of Cutie Pie was the chief guest for the function. She motivated the women volunteers with her experience sharing. The college women heroes for the academic year 2018-19 were also honoured in the meeting. The gifts of the gift coupons were also distributed on the same day. Programme officer Dr. Teny David declared the completion of the projects for the year 2018-19 to conclude the year.



CAMPS/TRAININGS/WORKSHOPS

Nature Camp

Chinnar Wild Life Sanctuary

Nature camps are very effective method of environmental education. The unit is very keen to provide this opportunity to all our volunteers. With this aim, the unit organized the first



nature camp of the year at Chinnar Wildlife Sanctuary in collaboration with Kerala State Forests and Wildlife department. 40 volunteers, Prof. Sam Johnson, Ms. Margret, Ms. Letisha Babu and the Programme officer Dr. Teny David participated in the camp. The camp include awareness classes, trekking, watch tower visit, environmental activity and cultural programmes. The campers spotted wild elephants, Sambar deer, Grizzled Giant Squirrel, Star Tortoise, Hanuman Languae and Rock Python. The campers also visited dolmens and rock paintings in the sanctuary



Nature Camp

Shendurney Wild Life Sanctuary

The second nature camp of the unit was organized at Shendurney Wildlife Sanctuary in collaboration with Kerala State Forests and Wildlife department from 15.12.2018 to 17.12.2018. The sanctuary is known in the name of an endemic tree, 'Chenkuriniii'

(*Gluta travancorica*) 40 volunteers, Prof. P. Pratheesh, Dr. Teny David and Ms. Juby Thankachan participated in the camp. The camp include awareness classes, trekking, dam visit, environmental activity and cultural programmes. The campers spotted wild elephants, deer, birds and butterflies.



Nature Camp

Thattekkad Bird Sanctuary

The third nature camp of the unit was organised at Thattekkad Bird Sanctuary in association with Kerala Forests and Wildlife Department from 23rd to 25th of February, 2019. 40 volunteers, Sri. Jins Jose and Prof. P.Pratheesh participated in the camp. As a part of the camp Awareness classes, Trekking and bird watching were conducted. Volunteers were enlightened to work for the conservation of Nature and Organisms through this camp.



Volunteers Leadership Training Camp 2018

Master Freddy Nixal and Kumari Amrutha S. of St. Michael's College National Service Scheme participated in the VLTC at Thiruvananthapuram

National Integration Camp: Thiruvananthapuram

University of Kerala hosted a National Integration camp from 10.12.2018 to 16.12.2018 at Sri Sathya Sai Arts and Science College, Thiruvananthapuram. Master Yedu Krishnan and Kumari Athira Udayan of St. Michael's College National Service Scheme participated in the camp.

Emerging Leaders Camp

20 volunteers of the unit participated in an emerging leader's camp organized by ALTIANS group of institutions on 15.02.2019. The camp included classes on career guidance, personality development and skill development.



Women's Day Discussion

Malayala Manorama organised a panel discussion of the women who have identified and proved themselves in various fields in connection with Women's Day 2019. As a Republic Day Parade participant, Kumari Vinduja P.S, NSS volunteer of St. Michael's College Cherthala participated in the discussion on 7th of March 2019.



University of Kerala Pre RD Selection

University level Pre RD selection was conducted at University College, Thiruvananthapuram. Master Salman Siraj and Kumari Vinduja P.S. of the unit participated in the selection trial. Both of the volunteers performed well and Vinduja P.S. was selected for Pre RD camp.

South Zone Pre-Republic Day Parade Camp-2018

The Pre-Republic Day Camp is the selection trial to the Republic Day Parade Camp. The South zone Pre RD camp was held at National College in VTU Regional Centre, VIAT, Muddenahalli, Chickballapur District of Karnataka from 26.10.2018 to 04.11.2018. Kumari Vinduja P.S. of St. Michael's College NSS unit participated in the camp and selected for participating in the 2019 RD camp at Delhi. The camp was inaugurated by The Regional Director of NSS Sri. K. V. Khadri Narasimhaiah. The camp included academic sessions, parade, cultural programmes and camp tour.



Republic Day Parade Camp 2019

Kumari Vinduja P.S. of St. Michael's College National Service Scheme participated in the 70th Republic Day Parade camp held at Delhi. The Republic Day Parade Camp was organized at International Youth Hostel, Chanakyapuri, New Delhi under the Ministry of Youth Affairs and Sports, Govt. of India from 1st of January 2019 to 31st of January 2019. The camp included parade practice, academic sessions, cultural events, sightseeing and meeting with the President and the Vice president of India. She performed 'Chenda' in the cultural event and she was selected as the most valuable student of the camp on 08.01.2019. Out of the 200 campers, 102 volunteers were selected for Republic Day Parade. Vinduja P.S. represented the State of Kerala, University of Kerala and St. Michael's College on 26th of January 2019 in the Republic Day Parade as a part of the 70th Republic Day celebration of the Nation.



Annual Special Camp 2018

The annual special camp of the year 2018-19 was conducted from 24.12.2018 to 30.12.2018 at BSMM Nirmal School, Thanneermukkom. The objective of the camp was Zero Waste Village. The camp was organised in association with Thanneermukkom Grama Panchayat and Suchitwa Mission. The aim of the camp was to create an awareness among the villagers of the Veliambra (Ward 8, Thanneermukkom Panchayath), the adopted village of the unit, about the need and importance of reducing pollution in creating a healthy and peaceful life

style. The camp was inaugurated by Adv. P.S. Jyothis, the President of the panchayath and felicitated by the ward member Smt. Ushakumari Sivadasan. Programme officers Prof. P.Pratheesh and Dr. Teny David were the camp coordinators and Master Midhun Manoharan served as the camp secretary. As a part of the camp different academic and training classes were conducted on Yoga, Drug abuse, Paper pen and bag making, Personality development, Environmental conservation, Pollution control and fire & safety. Sri. Jins Jose, Sri. Venugopal, Dr. Dileep Kumar, Mr. Gopalakrishnan, Sri. Shaji and Dr. Thomas Panakkalam were the resource person for different sessions. As a part of the camp the volunteers conducted a door to door campaign to train the villagers in source management of kitchen, plastic & other wastes and the control of mosquito & rat, cleaned abandoned canals & ponds, planted trees. The camp also conducted a mega plastic waste collection campaign in the village. The collected waste were handed over to the panchayat for further processing and action.



