

ACTIVITY REPORT OF 2019-2020

Floriculture (23.07.2019 to 29.09.2019)

Floriculture is the branch of horticulture dealing with cultivation and production of flowers. In recent years the flower industry is becoming an alternate source of income for farmers. As a place with lot of temples, churches, functions, festivals and tourism activities, the possibilities of floriculture is very prominent in Cherthala. To exploit this possibilities and also to train the volunteers to adopt floriculture as an alternative source of income, the unit implemented a project of Chrysanthemum cultivation in the campus. The project was conducted in the month of July to October. The volunteers were given a primary training in chrysanthemum on 20.07.2019 by the programme officer Dr. Teny David and Programme advisor Prof. P.Pratheesh. A plot was identified in the campus and weed clearing & trench preparation (for African snail control) were conducted on the same day. On 23.07.2020 the volunteers prepared cultivation bed. Fencing of the plot with polythene net was also carried out to prevent the entry of the snails to the plot. The Chrysanthemum saplings were obtained from the nursery and the planting of the saplings were conducted on 24.07.2020. The planting was inaugurated by the programme officer Dr. Teny David and Dr. Seena Kurian. After cultivation, regular monitoring, weeding, watering, manuring and removal of snails were



conducted regularly. Volunteer secretaries Ganesh H., Mariyam Johna J., Work secretaries Divine George Kurian, Freddy Nixon Volunteers Aparna, Josmi, Athira, Vysakh, Ashin, Senoir volunteers Vivek, Athira, Devika, Kesiya, Aswin, Ameer and Joji were the leaders for the project. The first harvesting of the chrysanthemum was conducted on NSS Day, the 24th of September 2019. Dr. Beena P.K, Consultant Gynecologist, Taluk Hospital, Cherthala was the chief guest of the day. College Vice-principal Prof. Annie Jose K., programme officers Dr. Teny David and Dr. Seena Kurian were present during the occasion. The harvesting of the flowers were continued till November. Around 100 kilograms of flowers were obtained from the plot during the season. These flowers were sold to flower merchants in Cherthala. The project was an eye opener for the volunteers in floriculture, snail control, flower marketing and alternative agricultural practices.



‘IGNITHRA 2020’ (08.02.2020 to 09.02.2020)

National Service Scheme celebrated its Golden Jubilee in the year 2019-20. As a part of the golden jubilee celebrations of NSS, the NSS unit of St. Michael’s college organized a district level NSS cultural fest entitled ‘IGNITHRA-2020’ from 08.02.2020 and 09.02.2020. The programme was organized in collaboration with Alappuzha District NSS. The fest was aimed

1. To strengthen the interrelationship between the NSS units of Alappuzha
2. To develop a platform for collaborative activities of the NSS units in Alappuzha district
3. To create a platform for the volunteers to develop a healthy relationship.
4. To celebrate the golden jubilee of National Service Scheme.
5. To provide a platform for the volunteers of Alappuzha district NSS to exhibit their cultural talents.

The programme was inaugurated by the Aroor MLA Adv. Shanimol Usman. The programme was presided by Dr. K.G. Thadevoos, Head of the Department of Economics. Prof. Nishad T., Alappuzha district NSS coordinator, Programme officers Dr. Teny David and Dr. Seena Kurian were present for the meeting. 13 colleges participated in the fest. Competitions were conducted on Story writing, Poem writing, Essay writing, Poster making, Cartoon, Pencil drawing, Collage making, Power point presentation, Street play, Group song, Mime and Folk song were conducted.



Writing and drawing competitions were conducted on 08.02.2020 and stage items were conducted on 09.02.2020. On the basis of the total points scored, NSS unit of MSM College Kayamkulam won the Ever rolling trophy and cash prize for the best unit in the fest and SN college Cherthala won the runners up trophy. Valedictory function was presided by the Prof. Nishad T. Manager of the college Fr. Nelson Thaiparambil inaugurated the valedictory function and distributed the prizes.



ഇഗ്നിത്ര 2020: കായംകുളം എംഎസ് കോളേജ് ഓവറോൾ ചാമ്പ്യന്മാർ

ചേർത്തല: സെന്റ് മൈക്കിൾസ് കോളേജിൽ നടന്ന ആലപ്പുഴ ജില്ല എൻഎസ്എസ് യുവജനോത്സവത്തിൽ കായംകുളം എംഎസ്എം കോളേജ് 58 പോയിന്റോടെ ഓവറോൾ ചാമ്പ്യന്മാരായി. 48 പോയിന്റോടുകൂടി ചേർത്തല എൻഎസ് കോളേജ് രണ്ടു രാജ്യസ്ഥാനവും കരസ്ഥമാക്കി ജില്ലയിലെ വിവിധ കലാലയങ്ങളിൽ നിന്നുള്ള എൻഎസ്എസ് വോളന്റിയർമാർ പങ്കെടുത്ത യുവജനോത്സവം ഷാനിമോൾ ഉൾമാൻ എംഎൽഎ ഉഘാടനം ചെയ്തു.

ഡോ. കെ.ജി. തദേവുസ് ആധ്യക്ഷത വഹിച്ചു. പ്രോഗ്രാം ഓഫീസർ ഡോ. സീന കുതിയൻ,

സെന്റ് മൈക്കിൾസ് കോളേജ് എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസർ ഡോ. ടെനി ഡേവിഡ്, ആലപ്പുഴ ജില്ലാ എൻഎസ്എസ് കോ-ഓർഡിനേറ്റർ പ്രഫ. റ്റി. നിഷാദ്, കോളേജ് ചെയർമാൻ ലിജോ സെബാസ്റ്റ്യൻ, വോളന്റിയർ സെക്രട്ടറി ഗണേശ്, ജോയിന്റ് കൺവീനർ അലീന (ഫ്രാൻസിസ് എന്നിവർ പ്രസംഗിച്ചു. വിജയികൾക്കുള്ള സമ്മാനങ്ങൾ മാനേജർ ഫാ. നെൽസൻ തൈപ്പമ്പിൽ വിതരണം ചെയ്തു.

കോളേജ് വിദ്യാർത്ഥിനി ആയ വീണ ഷാജിക്ക് ചികിത്സാ സഹായനം ഷാനിമോൾ ഉൾമാൻ എംഎൽഎ വേദിയിൽ കൈമാറി.

എൻഎസ്എസ് യുവജനോത്സവം

കായംകുളം എംഎസ്എം കോളേജിന് കിരീടം



ജില്ലാ എൻഎസ്എസ് യുവജനോത്സവത്തിൽ ഓവറോൾ ചാമ്പ്യന്മാരായ കായംകുളം എംഎസ്എം കോളേജിനെ

ചേർത്തല: സെന്റ് മൈക്കിൾസ് കോളേജിൽ നടന്ന ജില്ലാ യുവജനോത്സവത്തിൽ കായംകുളം എംഎസ്എം കോളേജിന് 58 പോയിന്റോടെ ഓവറോൾ ചാമ്പ്യന്മാരായി. 48 പോയിന്റോടുകൂടി ചേർത്തല എൻഎസ് കോളേജ് രണ്ടു രാജ്യസ്ഥാനവും കരസ്ഥമാക്കി ജില്ലയിലെ വിവിധ കലാലയങ്ങളിൽ നിന്നുള്ള എൻഎസ്എസ് വോളന്റിയർമാർ പങ്കെടുത്ത യുവജനോത്സവം ഷാനിമോൾ ഉൾമാൻ എംഎൽഎ ഉഘാടനം ചെയ്തു.

MEGA PROGRAMMES

‘Santhawanam’ – Organ transplantation project (20.09.2019 to 09.02.2020)

Kum. Veena Shaji is a first year Economics student of St. Michael’s College, Cherthala. Few months after joining the college, she underwent the treatment for pneumonia which resulted in the failure of her liver. The transplantation of the liver was the only hope to keep her alive as per the doctors. She was admitted in Amrita Institute of Medical Science and the cost of the transplantation was estimated as Rs. 20,00,000/-. As her family was financially backward, this expense was the major issue for holding her life. By understanding the situation a no. of voluntary organizations initiated different fund raising projects to find this money. For the parent institution, the responsibility of leading an initiative to provide financial assistance to Kum. Venna Shaji was taken up by the National Service Scheme of St. Michael’s College. For this, the unit implemented a project entitled Santhawanam. Under this project the unit organized 3 activities. 1. Lucky coupon, 2. Biriyani fest and 3. Donation from helpful persons. Through these activities, the unit raised an amount of Rs. 1,50,000/-. This money was handed over to Veena Shaji on 09.02.2020 by Adv. Shanimol Usman, MLA. Her father collected it on behalf of her. With the money raised by different agencies, her liver was transplanted successfully and now she is recovered and becoming healthy. For the past few years, the unit is actively involved in many awareness programmes to promote organ donation. This project gave a thorough insight among the students about the need for organ donation.



‘SNEHAVEEDINORU KAITHANGAL’ (07.07.2019)

House construction is an important activity of the St. Michael’s College unit. In the year 2019-20, the unit selected 2 beneficiaries from adopted village and college. Beneficiary 1. Mrs. Ambika, a cancer patient from the adopted village and Beneficiary 2. Ms. Sreekkutty, National Power lifting champion and a student of St. Michael’s College, Cherthala. The unit decided to provide a partial financial assistance to the first beneficiary and take up the construction of the house of the second beneficiary. The unit provided both financial assistance and man power in terms of volunteers to the completion of the second project. The financial requirement was met by conduction fund raising programmes such as ice cream stall, biriyani fest, gift coupon and sponsorship. The project was started in April 2019 and completed with the house warming on 07.07.2019. The key handing over ceremony was conducted on 07.07.2019. The manager of the college Rev. Nelson Thaiparambil and principal Dr. Mathew V. handed over the key to Ms. Sreekkutty in the presence of Programme officers Dr. Teny David and Dr. Seena Kurian, Programme advisor Prof. P. Pratheesh, Volunteer secretaries and volunteers. The activity provided a great opportunity for the volunteers to understand different dimensions of the struggle for existence and the vision and mission of an NSS volunteer.



‘Nirbhayam’- 2019

Upliftment and safety of women is a prime concern of the Nation in recent years. As an NSS unit with a majority of women volunteers, we organized a 5 day self-defense training programme for the women volunteers in collaboration with Pink Police Alappuzha from 06.05.2019 to 10.06.2019. The programme was aimed to build up a self confidence among volunteers for a social life and equip them to face the challenges of day to day life by their own. The programme was inaugurated by Smt. Sulekha, Sr. Civil Police Officer, Pink police, Alappuzha. The Programme officer Dr. Teny David, Dr. Seena Kurian and Associate Programme Officer Prof. Sam Johnson were present during the training. Training was led by Smt. Asha P.A. (Sr. Civil Police Officer), Smt. Jyothy D. (Civil Police Officer) and Smt. Anitha J. (Civil Police Officer). The valedictory session was inaugurated by the Principal Dr. Mathew V. 65 volunteers participated in the programme. The programme included classes on personality development, adolescence problems, problems faced by women in the society and its solutions, training for physical fitness and self-defense. The programme was a success in building a self-confidence among women volunteers.



Mega Medical Camp (04.08.2019)

St. Michael's College National Service Scheme frequently arranges free medical camps in different locations of the neighbouring villages. This provide an opportunity for the volunteers to familiarise the procedure for arranging a medical camp and also the health statue and problems of the communities. This unit organised a mega eye and dental medical camp at Arthunkal on 04.08.2019 in collaboration with Amrita Institute of Medical Science, Colping Society of Alappuzha Diocese and St. Rita's Colping Society. The camp started at 8.00 am in the morning and ended by 2.00 pm. 15 doctors, supporting staff and the volunteers of the unit served in the camp to make it a great success. Around 250 patients became beneficiaries of the camp. Primary check-up and treatments were given in the camp. Those who are referred for advanced treatment were taken to Amritha hospital and provided further treatment free of cost. The camp was inaugurated by the college principal Dr. Mathew V. Public relation officer of Amrita Institute, officials of colping societies, programme officers and volunteer secretaries were present in the dais for inauguration. Kumari Pavana Soy and Kumari Mariyam Johna J. were the leaders of the camp.



COMMUNITY PROGRAMMES

‘Padham Onnu Oru Ki Sahayam’

(28.05.2019)

‘Padham Onnu Oru Ki Sahayam’ was a program organised by Club FM Alappuzha to provide educational support to the marginalised student community of the district in connection with the beginning of the new academic year. SMC NSS unit also participated in the programme by collecting and handing over educational aid such as note book, pen, pencil, colour pencil etc. to the students of different schools through Club FM.



‘Dath Gramathinoru Punjiri Padham’(30.05.2020)

In connection with the beginning of the new academic year the NSS unit implemented a project named ‘Dath Gramathinoru Punjiri Padham’ to provide educational aid to the students of the adopted village, Ward 8 of Thanneermukkam Gramapanchayat. Students collected notebooks, pen, pencil, scale, boxes, colour pencil etc and distributed to the students of 3 Anganvadis in the ward. 150 volunteers participated in the project. The distribution of the educational aids were conducted on 30.05.2019 in a meeting presided by Dr. Seena Kurian, the Programme Officer. The chief guest for the function was the member of the ward Smt. Ushakumari. The major objective of the programme was to create an awareness among volunteers about right to education and the need for providing free and compulsory education.



World Environment Day 2019: Adopted village (05-06-2019)

In connection with World Environment Day, the unit organised an awareness campaign at the adopted village. The programme was aimed to create an awareness among villagers about the importance of nature and its conservation. Environment related activities are given priority in the adopted village, since the adopted village is highly prone to pollution. This is mainly due to plastics, synthetic pesticides and fertilizers deposited primarily due to tourism activities and vast area of agricultural lands connected with Vembanad lake, the eastern boundary of the village. As a part of the campaigning the volunteers visited the houses in the village and explained about the need for reducing the use of plastic, alternatives for plastic, the methods to collect, process & recycle the plastic and the government machinery to manage this problem. Volunteers also distributed and planted Curry leaf plants in the selected houses of the village. The ward member of the village Smt. Ushakumari inaugurated the programme in the presence of the programme officer Dr. Teny David and Volunteer secretaries. The unit was able to create a positive response among the villagers towards the management of plastic through continuous interference.



National Parent's Day (27.07.2019)

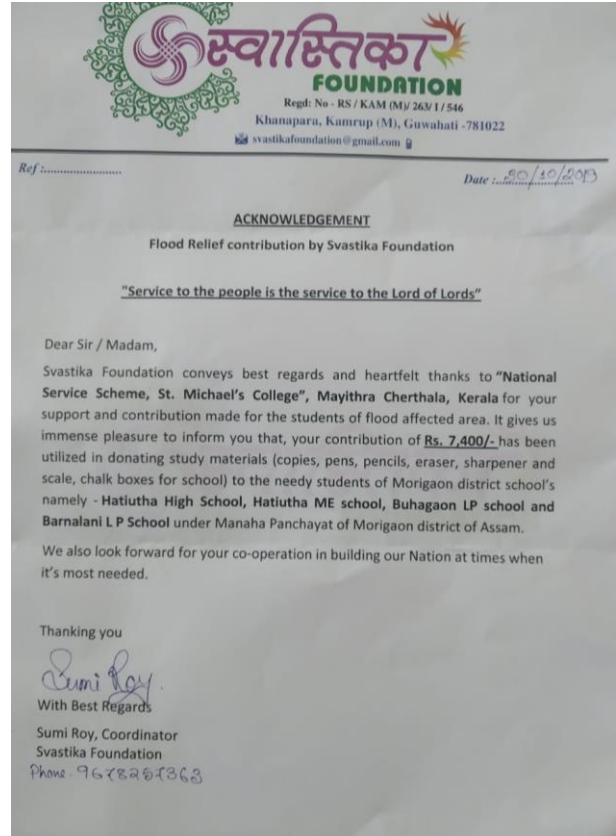
There is a strong parenting behind every successful person. National Parent's Day is observed every year to appreciate the commitment and sacrifice of parents towards bringing up their children. The NSS unit of St Michael's College celebrated the Parent's day on 27.07.2019 at Govt. Old Age Home, Mayithara. The programme was aimed to provide a chance for the volunteers to realise the role of parents in their life and also to prepare them for next generation parenting. Volunteers and Programme officer Dr. Seena Kurian visited the old age home and spent the whole day by interacting with them. Residents of the old age home shared their experience with the volunteers and volunteers presented various cultural programmes. The unit also installed tapioca and banana garden in the old age home. The programme transformed the mentality of many volunteers towards their parents and they realised the influence of the parents in their life.

A selfie with parent challenge was also conducted on the day. The volunteers took a selfie video with their parents and posted in their social media account to express their love and care towards their parents.



Assam Flood Relief

In the year 2019, the North Eastern State of Assam met with Flood which caused enormous loss to houses and agricultural lands. To provide help to the victims of the flood, the volunteers of the unit collected an amount of RS. 7400/- and this money is utilised for providing study material to the students of Hatiutha High School, Hatiutha ME School, Buhagaon LP School and Barnalani LP School under Manaha Panchayat of Morigaon district of Assam. The distribution of the aid were carried out through Swasthika Foundation, Guwahati.



Lok Sabha Election (23.04.2019)

The Lok Sabha Election of the nation was held on 23.04.2019. The St. Michael's College NSS unit was also become a part of the election. Programme officer Dr. Teny David served as the polling officer in the Mavelikkara LAC and 17 Volunteers served as special police officer in Aroor and Cherthala LAC from 22.04.2019 to 23.04.2019. This provided a great opportunity for the volunteers to understand and took part in the prestigious election procedure of the greatest Democracy in the world.

2019 Flood Relief (12.08.2019)

The state was hit with a second flood in 2019 August. With a trained group of volunteers the college NSS unit involved actively in various flood relief activities during this flood. Vivek, Freddy and Divine of the unit along with Alappuzha Disaster Response Force (ADRF) visited Laha near Sabarimala to participate in the rescue operation in an area which was prone to landslides. They rescued the local tribal people, who became isolated due to landslides, were taken to safe place and provided them with basic commodities. They also reconstructed the damaged houses and distributed food and medicines to the victims. The enthusiastic involvement of the volunteers in such an operation was the result and fulfilment of the disaster management training initiatives taken up by the National Service Scheme of the college. The unit also set up a collection center in the college from 12.08.2019 to 15.08.2019. Through which the volunteers collected bedsheets, mats, dresses, sanitary napkins, drinking water, food etc. the collected items were distributed to various flood relief camps in Alappuzha district and also sent to the flood affected areas of Malappuram district. The volunteers also involved in post flood cleaning and awareness campaigns organized by local authorities.



‘Kuttanadinu Vendi’

Bund Reconstruction at Kuttanad (23.08.2019)

Bund breach is a common phenomenon in Kuttanad which causes the destruction of large areas of paddy cultivation and huge financial loss to the farmers. This year also the farmers met with agricultural loss due to bund breaching caused by Monsoon and flood. To reduce the agricultural loss to the farmers, the Finance minister and Alappuzha MLA Dr. Thomas Issac implemented a project to reconstruct the fallen bunds with sand packets. To reconstruct the bund he seek the help of the voluntary organizations. St. Michael’s College NSS unit participated in the project on 23.08.2018 at Punnamada finishing point, Alappuzha. 60 volunteers in the leadership of the programme officers Dr. Teny David and Dr. Seena Kurian filled 300 bags with sand and stitched it. The programme helped the volunteers to understand the method of rice cultivation in Kuttanad and the challenges that the farmers face. The volunteers were also able to appreciate the efforts of the farmers in the wellbeing of the society.



Swachhta Pakhwada: Anti-plastic Awareness Campaign (24.08.2019)

As a continuation of the plastic awareness campaign, the unit conducted a door to door awareness campaign against the use of plastic in the adopted village, Thaneermukkam(Ward 8, Veliambra) on 24.08.2019. Unit also conducted a plastic collection and cleaning drive at Thanneermukkam and Arthunkal beach. The collected plastic were handed over to the local authorities for safe disposal. The programme created a realisation among the volunteers about the amount of plastic waste accumulated in public places, the problems it causes to public and environment and also the need for reducing the

use of plastic. Volunteers also conducted a rally from Arthunkal beach to Arthunkal church to popularise the message of 3'R's (Reduce-Reuse-Recycle) among the public to create an awareness against plastic.



Chief Minister's Disaster Relief Fund (03.09.2019)

Kerala state is continuously facing environmental disasters. To meet the financial requirement to coordinate the relief activities, the Chief Minister has constituted Chief Minister's Disaster Relief Fund for the public to contribute. The NSS unit of St Michael's College, Cherthala have collected and contributed an amount of Rs. 10000/- to CMDRF. The check was handed over to the District Collector Dr. Adheela Abdulla IAS on 03.09.2019 in the Collectors office by the Programme officers Dr. Teny David, Dr. Seena Kurian, Volunteer secretaries Ganesh H, Mariyam Johna J and first year volunteer Mariya.



Antidrug and Cancer Awareness Campaign (14.09.2019)

Excessive use of psychoactive drugs, such as alcohol, pain medications or illegal drugs is called drug-abuse. Drug abuse can lead to physical, social and emotional disorders. In recent years the practice of drug abuse is increasing particularly among the youngsters and school students. The best practical solution for this social evil is to create awareness among the public about the harmful effects of drug abuse. For this purpose unit is actively involved in antidrug awareness campaigns in the college as well as in the adopted village. On 14.09.2019 the unit conducted a door to door awareness campaign in the adopted village in association with Thanneermukkam grama panchayath. Cancer awareness was also conducted along with this campaign. The programme was inaugurated by Mrs. Ushakumari, the ward member.



Pond Rejuvenation Project in the Adopted Village (14.09.2019)

Thanneermukkom, the adopted village of the unit, is a village with lots of natural fresh water ponds. These ponds are very important for the sustainable existence of the biodiversity of the village and also for the availability of water for drinking and agriculture. But in recent years the practice of converting these ponds into lands for other purposes by filling it with mud became popular. Also a number of ponds were converted to waste pits. Such ponds have become a breeding ground for the mosquitos and which in turn caused many health issues in the village. The volunteers identified this problem through frequent field visits and the unit implemented a project among the villagers to create an awareness among the villagers. The project included the rejuvenation of the selected abandoned ponds in the village and continuous interactive sessions with the pond owners about this issue.

The first phase of this project was conducted on 14.09.2019. On this day volunteers cleaned 3 ponds in the village and they interacted with the pond owners. The project was a success in creating awareness among many of the villagers which made them to co-operate in pond rejuvenation. The pond in the campus was also cleaned on the same day. The project was also helpful for the volunteers to understand the importance and role of a pond ecosystem in the conservation of biodiversity and water.



Swachh Bharat Abhiyan: Railway Station Cleaning (20.09.2019)

Swachh Bharat Abhiyan is a national project by the Government of India initiated by the Prime Minister Sri Narendra Modi in connection with the 150th birth anniversary of Mahatma Gandhi. This project was aimed to eliminate open defecation and improve the management of solid wastes. As a part of Swachh Bharat Mission, 40 NSS volunteers along with programme officer Dr. Teny David of St Michael's college, Cherthala participated in a cleaning drive at Cherthala railway station. The programme was organised by Southern railways, Rotary club and St. Michael's college. Programme was inaugurated by the honourable MP of Alappuzha Sri. A.M. Arif. The volunteers cleaned the platform and premises of the railway station. An awareness rally was also conducted to create awareness among the passenger about cleanliness.



Gandhi Jayanthi (02.10.2019)

October 2nd is the birth anniversary of Mahatma Gandhi. Every year it is observed as a one week 'Sevana Varam'. This year the country celebrated the 150th birth anniversary of the father of the nation. St. Michael's College NSS Unit celebrated Gandhi Jayanthi by observing 'Sevana varam' by conducting cleaning drives at Thumpoli Railway station and college campus. On 02.10.2019 the volunteers participated in a cleaning drive at Thumpoli Railway station. The programme was conducted in association with Southern Railways. The programme was inaugurated by the station master. 50 volunteers participated in the programme. Programme officer Dr. Seena Kurian and Dr. Teny David were present for the programme. A one week cleaning drive was conducted in the campus and premises. Volunteers removed plastic and other unwanted waste from the campus.



Mega Cleaning Drive at Cherthala South Panchayat (25.01.2020)

Cherthala South Panchayat, where the college is situated, conducted a mega cleaning drive on 25.01.2020 to create an awareness among the villagers about the need for reducing waste and pollution. National Service Scheme of St. Michaels College Cherthala participated in the Mega Cleaning drive. The volunteers, Programme officer Dr. Seena Kurian and the members of Kudumbasree together cleaned the public places by collecting the waste including plastic. The programme was inaugurated by the Ward Member Mr.P.P. Soman.

‘Karshakanoru Koottu’

(05.10.2019 to 10.10.2019)

A group of local farmers at Mayithara, Cherthala cultivated rice near the college. At the time of harvest, heavy rain caused the falling of large area of matured rice plants which made it impossible to harvest with machine. As an alternative the farmers tried to harvest with the help of people. But due to the lack of sufficient manpower and high labor charge, the harvesting of the rice plants become completely stopped and the farmers were under the threat financial loss. To reduce the financial burden, the farmers decided to abandon the fallen rice fields. At this point of time one of the farmer bring this matter into the notice of the St. Michael’s College NSS unit. The unit considered it and planned a rice harvesting project entitled ‘Karshakanoru Koottu’ from 05.10.2019



to 10.10.2019. 100 volunteers participated in the project. The volunteers harvested the rice plants, brought the harvested plants to storage plot and stacked it for further processing. The programme provided a chance for the volunteers to understand the method of rice cultivation and the challenges faced by the farmers during cultivation. They also got a first-hand training in rice harvesting. Through the programme the volunteers were able to appreciate the value of the farmers in a society.

‘Kerala Piravi’ (01.11.2019)

The volunteers of the unit participated in a clean Pallathuruthi drive at Pallathuruthi in connection with ‘Kerala Piravi’. The programme was organised jointly by Pollution control board, Suchitwa Mission, Haritha Kerala Mission, House boat owners association, Alappuzha press club, NCC and NSS (Alappuzha). The programme was aimed to create an awareness among the public regarding the importance of our water bodies and the need for conserving it by reducing the pollution for a sustainable existence and growth of the diversity as well as tourism. Volunteers enjoyed a boating in the Vembanad lake after the cleaning drive arranged by the House boat owners association.



Children’s day (14.11.2019)

Children’s day is celebrated in Indian to increase awareness on the rights, care and education of children. Every year it is celebrated on 11th November, the birth anniversary of the first Prime Minister of India Sri. Jawaharlal Nehru. National Service Scheme of St. Michael’s Collage Cherthala celebrated Children's day 2019 at Anganvadi



No. 72, Mayithara on 14.11.2019. The volunteers organised rally, cultural programmes, quiz competition, drawing competition, games and feast for the children. Programme officer Dr. Teny David was the chief guest for the programme. Sweets were also distributed to the participants. The programme included anganvadi students, parents, teachers, ward member, volunteers and programme officers.



Mega Cleaning

Thanneermukkom Gramapanchayat

Thanneermukkom Panchayat, the adopted village of the unit, organised a mega cleaning drive on 14.12.2019 with an aim to make the panchayat plastic free. 50 volunteers of the unit participated in the maga-cleaning drive. The programme was inaugurated by the Panchayat president Adv. P.S. Jyothis. Cleaning was led by the ward member Mrs. Ushakumari Sivadasan. The volunteers together with the members of Kudumbasree, Asha workers and Harithakarmasena



collected the plastic wastes from the houses of 8th ward, Veliambra. The collected plastic were handed over to the panchayat for further processing. The camp was a great experience for them to understand the magnitude of the dependence of the villagers on plastic and the problems it causes to the environment of the ward and the health of the villagers.

Ice-Cream Stall at Arthunkal (17.01.2020 to 27.01.2020)

St. Andrew's Basilica of Arthunkal is a famous pilgrim site of Saint Sebastian in Kerala. Every year the church celebrates its annual feast in the month of January. Thousands of pilgrims visits the church during the feast. To raise a fund for the house construction project of the upcoming NSS year, the unit conducted an ice cream stall at Arthunkal beach in connection with Arthunkal feast from 17.01.2020 to 27.01.2020. The 150 volunteers of the unit were assigned the duty of the stall in a shift manner. The stall was working 24 hours a day and the volunteers were able to collect a substantial amount from the stall through a systematic and dedicated campaigning among the pilgrims.



AIDS Day (01.12.2019)

St. Michael's College NSS unit observed AIDS Day on 01.12.2019 at Mararikulam beach to create an awareness among the public and volunteers about AIDS. The day is observed also to create a positive mentality among the public towards aids patients. Volunteers distributed red ribbon to the public including tourists, took AIDS prevention pledge, made the formation of red ribbon and flew red balloons as a part of the campaigning. Programme officers Dr. Teny David delivered the AIDS day message to the gathering.



CAMPUS PROGRAMMES

Leadership Training (10.04.2019)

As an inauguration to the activities of the year 2019-2020, the NSS unit of St. Michael's college(SMC) Cherthala has organised a one day Leadership Training Camp for the second year volunteers on 10th April 2019 to equip the volunteers to lead the unit in the new year. Volunteers were given training in programme identification, programme designing, programme implementation, financial management, documentation, report writing, news writing and speech. The programme started at 09.30 AM with registration followed by inauguration. Different sessions were led by Programme officers Dr. Teny David, Dr. seena Kurian and Programme advisor Prof. P.Pratheesh. The programme was ended at 4.00 PM after feedback and valedictory. The programme was a success in imparting self-confidence and focus for the volunteers to become the leaders of the unit.

Campus cleaning (11. 04.2019)

Campus cleaning and beautification is a continuous activity of the unit. The first campus cleaning was conducted on 11.04.2019. Volunteers removes all the plastic waste from the campus and planted flowering plants. The programme was aimed to remind the volunteers about the importance of cleanliness and also the need for reducing the use of plastic. The programme started at 09.30am with registration. The volunteers were divided into different groups. Each group was assigned with a leader and a place for cleaning. The programme was completed by 2.00 in the afternoon.

World Environment Day (11. 04.2019)

To observe World Environment Day 2019, the unit organised a tree planting campaign in the campus. The programme was organised to create an awareness among the volunteers and students about the importance of trees and need for conserving it. The programme was inaugurated by the principal of the college Dr. Mathew V. in the presence of the programme officers, Volunteer secretaries, volunteers and students. Saplings were also distributed to the students to plant in their houses. The saplings were provided by the Social Forestry department, Alappuzha. Around 200 saplings were distributed to the students and 20 trees were planted in the campus.

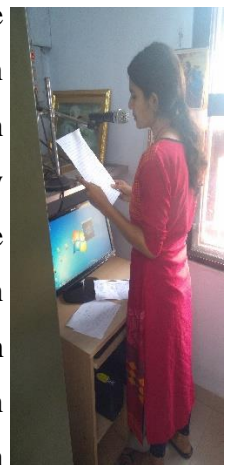
Tree plantation (08.07.2019)

Tree planting is a continuous activity of the college and the unit. With a continuous effort of around 50 years, the college in the leadership of NSS was able to transform the once barren campus into campus which is rich in biodiversity. More than 30 varieties of trees are now enriching the greenery of the campus. As a continuation of this effort, the unit organised tree planting campaign on 08.07.2019. The volunteers from the Department of Zoology planted around 30 trees in the campus. Programme officer Dr. Teny David inaugurated the programme.



World Population Day (11.07.2019)

With a population of 135 crore, India is the second populated country in the world. This high population provides the country with adequate human resource. But the country is also facing many problems in connection with this high population in terms of food supply, infrastructure, health, poverty etc. Reduce the pace of the population exploitation is necessary for the stable development of the country. To create an awareness about population control among the students, the unit observed the World Population Day on 11.07.2019 in the college. The volunteers organized a poster exhibition in the college portico and Ms. Gouri Manoj from Department of English delivered a message.



Organic Farming (13.07.2019)

Organic farming is a continuous and yearlong activity of the St. Michael's NSS unit. It is practiced to promote the habit of organic farming among the students of the college as well as public. The units provides training in organic farming to all the 200 volunteers every year. This year unit decided to cultivate Green chilly, Amaranthus and Pea. The activity was conducted from May to December. It included clearing of the farming plot, preparation of cultivation beds, manuring of the beds, setting up of fencing and other measures to prevent the attack of African snail, procuring saplings, watering, pest control, Removal of weeds, harvesting and selling products. The plot preparation and planting of the saplings were carried out in the month of April and May. On 31.05.2019 chilly saplings were planted in the plot. On the 45th days the unit conducted the first harvesting on 13.07.2020. About 3 kg of green chilly was obtained in the first harvest. The first harvesting was inaugurated by the programme officer Dr Teny David. A second set of capsicum was planted on 07.08.2019 by the first year volunteers. The harvesting of the chilly was continued till the end of October. After chilly, the plot was cleared and amaranthus and pea were planted. Volunteer secretary Ganesh H., Mariam Johna J., Work secretary Mr. Divine George Kurian, Freddy Nixal and Aparna Udayan were the coordinators of the activity.



World Youth Skills Day (16.07.2019)

A strong youth ensures a promising future for nations. To emphasize the importance of youth, 15th July is celebrated as World Youth Skills Day. The day is celebrated with an aim to achieve better socio-economic conditions for the youth by addressing the challenges of unemployment. The NSS unit of the college organised the World Youth Skills Day celebration on 16.07.2019 in the college auditorium. Mr. Chichu Raiu, RJ Club FM



Alappuzha was the chief guest and the resource person for the day. He inspired the volunteers through his motivational speech. Principal Dr. Mathew V., Programme officers Dr. Seena Kurian, Dr. Teny David, Volunteer secretaries Mr. Ganesh & Ms. Mariyam Johna were present for the meeting. Principal in his talk pointed out the importance of skill development for facing the challenges of unemployment in the modern world. All the NSS volunteers participated in the programme.

Oath Taking Ceremony (18.07.2019)

Strong leadership is the backbone of an NSS unit. The selection of the leaders for the year 2019-20 was conducted in a transparent and democratic manner. The oath taking ceremony of the newly elected leaders were conducted on 18.07.2019 in the college auditorium in the presence of Principal Dr. Mathew V., Programme officers and volunteers. Newly selected leaders are

1. Volunteer secretaries – Ganesh H. and Mariyam Johna J.
2. Programme Secretaries – Lijo Sebastian & Pavana Soy
3. Work secretaries – Divine George Kurian & Freddy Nixon
4. Office Secretary – Vysakh Manoj, Alex P.R & Athira B
5. Mess secretaries – Jismi Felix & _Ashin Augustine



‘Nakshatravanam’ Renovation (05.08.2019)

The concept of Star plant is a traditional method of conservation among the Hindu society. To popularize the environmental benefits of conserving plants among the volunteers and also to preserve these plants, the unit is maintaining a ‘Nakshatravanam’(Star Garden) in the campus. Around 16 of the total 27 star plants are maintained in the garden. Due to the drought and floods the garden was partially damaged. To rectify this damages, the unit organized a one day renovation campaign in the star garden on 05.08.2019. The volunteers cleaned the garden and its premises, planted the saplings of the lost plants and added manure to the plants. 120 volunteers participated in the programme along with the programme officers.



Rifle Club Inauguration (31.08.2019)

To provide international standard training in shooting to the students of Alappuzha district and prepare them to participate in the national and International events, The Alappuzha District Riffle Association launched a Riffle Club in St. Michael’s College, Cherthala. The Riffle club was inaugurated by the honourable Chief Minister of Kerala Sri. Pinarayi Vijayan on 31.08.2019. 120 NSS volunteers participated in the programme and helped in maintaining the discipline and also in the distribution of refreshment to the participants. Many of the NSS volunteers are undergoing shooting training in the riffle club regularly. Unit also conducted an ice cream stall to raise fund for various social service activities.

Hiroshima Day (06.08.2019)

International peace is a primary objective of all socially responsible communities. War is always a threat to the peaceful existence of world. There were many wars in the history of the world. These wars have resulted in more disadvantages than advantages. One of the most lethal of it is the nuclear war. To spread the message of peace and also to create an awareness on the deteriorating effects of a war, especially nuclear war, upon the world, the NSS unit of St. Michael's college, Cherthala observed Hiroshima day on 06.08.2019. The volunteers commemorated the atomic bomb victims of Hiroshima and Nagasaki through a message by the first year volunteer Kumari Ancy Jose from Dept. of B.Voc. Volunteers also created a 'Tree of peace' with *Sadako* paper cranes in front of the college.



Independence Day Celebration (15.08.2019)

Independence Day is celebrated every year on 15th August to commemorate the independence of the nation from the British rule. It is also a day to commemorate the sacrifice of the freedom fighters. The National Service Scheme unit of St Michael's college Cherthala took part in the Independence Day celebration on 15.08.2019 in the college ground along with National Cadet Corps and other clubs. The programmes started with the flag hosting ceremony by the Principal Dr. Mathew V. followed by the parade from NCC and cultural session by the NSS volunteers. Principal delivered the Independence Day message and NSS volunteer Ms. Amrutha Satyan presented a talk on Indian independence. Sweets were distributed to the participants after the programme.



Teachers Day Celebrations

“A good teacher is like a candle- it consumes itself to light the way for others. Ideal teachers are those who use themselves as bridges over which they invite their students to cross, then having facilitated their crossing, joyfully collapse, encourage them to create bridges of their own” - Dr.S.Radhakrishnan. In India Teachers Day is celebrated on 5th of September to mark a tribute to the contributions of teachers



in Nation building, the country is observed as Teachers Day on 5th September. The day is also a commemoration to a great visionary Dr. S. Radhakrishnan. The unit observed the Teacher,'s Day on 05.09.2019 in the college auditorium. The chief guest of the programme was Sri. Elanjiyil Radhakrishnan, a Cherthala NSS Karayogam president and Professor(Retd.) from SD College, Alappuzha. In his speech he emphasizes the role of teachers in student's life and also the teacher – student relationship in the modern education system. Prof Annie Jose K, Vice-principal of the inaugurated the program by cutting the cake. Honoring the teacher ceremony was also conducted by presenting flowers and pen to teachers. Experience sharing of teachers followed by distribution of sweets were also the part of the programme. The programme was a great success in providing a chance for both the teachers and students to understand their acceptance and role in the community



Onam Celebration (07.09.2019)

Onam is the state festival of Kerala, It is an occasion which reminds the people about the advantages of unity to the people of Kerala. It is a celebration in which all the people participates irrespective of their religion and caste. St. Michael's College NSS unit organised its Onam celebrations on 07.09.2019 in the college auditorium. The programme started with the preparation of 'Pookalam' by the volunteers. An 'Oonjal' was also set up for the volunteers. The programme was inaugurated by the Programme officer Dr. Teny David. Prof. Jins Jose delivered the Onam message to the volunteers. Programme officer Dr. Seena Kurian and Programme advisor Prof. Pratheesh P. were present for the occasion. After the message various competitions were such as 'Onapattu', 'Vadamvali', 'Uriyadi' and 'Sundarikku nottuthodal' were conducted with the active participation of the volunteers

Prizes to the winners were distributed towards the end of the programme by the Programme officers. After the competitions 'Payasam' prepared by the volunteers were distributed to the participants of the celebration.



NSS Day Celebration (24.09.2019)

National Service Scheme is a voluntary organization, which was build up on the vision of the Father of the Nation Mahatma Gandhi. The scheme was launched on 24th September on the birth centenary year of Mahatma Gandhi, 1969. Every year this day is celebrated as NSS Day. This is a prestigious



day for all NSS volunteers. NSS day is a prestigious day for an all NSS volunteers. The NSS unit of St Michaels College celebrated 70th NSS day on 24.09.2019. An awareness class on the adolescence problems and remedies was organized for the celebration. The program was inaugurated by Prof Annie Jose K., Vice-principal of the college. The chief guest and resource person for the programme was Dr Beena P.K, Consultant Gynecologist of Cherthala taluk hospital. The programme officers Dr. Teny David and Dr. Seena Kurian felicitated the gathering. First harvesting of the Chrysanthemum flowers were also inaugurated by the doctor.

Biriyani Fest (25.09.2019)

NSS unit of SMC conducted The Biriyani fest on 25.09.2019 as a fund raising programme for the 'Santhwanam' project. All the volunteers of the unit including the final year volunteers worked together for the success of the programme. Volunteers were able to incorporate more than 1000 participants including students, teachers and non-teaching staff through thorough campaigning. The programme was a success in raising Rs.97.000/-



'My Tree For All' Challenge (28.09.2019)

A second Tree planting drive entitled My Tree for All challenge was conducted in connection with the enrolment of the first year volunteers. All the applicants were provided with a tree to plant in their premises as a first assignment for their enrolment. The inauguration of the project was conducted on 28.09.2019. Programme officer Dr. Teny David inaugurated the programme and Dr. Seena Kurian distributed the saplings. 150 saplings were successfully planted in different localities through this drive.



‘Jeevadhvani’ 2019 - National Voluntary Blood Donation Day (03.10.2019)

National Voluntary Blood Donation Day is celebrated every year on 1st October to emphasise the importance of voluntary blood donation. St. Michael’s unit considers blood donation as a major activity. Around 250 students donate blood every year from the college in the leadership of the National Service Scheme. The blood donation drive of the unit is carried out in collaboration with Red Ribbon Club of the college. Unit provides donors to the hospitals of Alappuzha, Kottayam and Ernakulam districts. To observe National Voluntary Blood Donation Day 2019 and also to create an awareness among the students of the college about safe and voluntary blood donation, the unit organised a blood donation camp on 03.10.2019 in association with Amrita Institute of Medical Science and HDFC bank. The principal of the college Dr. Mathew V. inaugurated the camp. 150 students participated in the camp in which 40 students donated blood.



Gandhi Jayanthi (02.10.2019)

October 2nd is the birth anniversary of Mahatma Gandhi. Every year it is observed as a one week ‘Sevana Varam’. This year the country celebrated the 150th birth anniversary of the father of the nation. St. Michael’s College NSS Unit celebrated Gandhi Jayanthi by observing ‘Sevana varam’ by conducting one week cleaning drive was conducted in the campus and premises. Volunteers removed plastic and other unwanted waste from the campus.



National Students Day (15.10.2019)

National students Day is observed on 15th August on the birth anniversary of Dr. A.P.J. Abdul Kalam, the former President of India. The unit celebrated National Students Day on 15.10.2019 by commemorating Dr. A.P.J. Abdul Kalam for his immense contribution to the student's community. A commemoration ceremony was conducted in front of the college library in which the first year volunteer Kum. Bincy of Dept. of English delivered a speech for the volunteers.



World Food Day (16.10.2019)

The National Service Scheme of St. Michael's college observed World Food Day on 16.10.2019. The volunteers prepared a formation in the college portico with the message of 'Tackling Global Hunger'. The programme was aimed to create an awareness among the students about the importance of nutritive food and the need to avoid the wastage of food for tackling hunger.



‘Deepakam’ 2019 – First Year Residential Orientation (19.10.2019 to 20.10.2019)

A thorough orientation and training is the first step in the transformation process of a student into an NSS volunteer. With this aim, the unit organized a two day residential orientation camp for the newly enrolled first year volunteers from 19.10.2019 to 20.10.2019. The camp was inaugurated by the Principal Dr. Mathew V. The camp included academic sessions, field activities, agricultural activities, cultural events, games and experience sharing & interactive sessions with the senior volunteers. The academic sessions were focused on the aim of NSS, type & planning of activities, leadership, personality development, financial management and opportunities of NSS volunteers. Sri. Jyothikumar Punnappa, Dr. Vineeth Chandra K.S (SD College, Alappuzha), Prof. Pratheesh P. and Dr. Teny David were the resource persons for the sessions.



Quomi Ekta Week (19.11.2019 to 25.11.2019)

Quomi Ekth Week is observed to foster and reinforce the spirit of communal harmony, National integration and pride in vibrant, composite culture and nationhood. The unit observed Quomi Ekta Week from 19.11.2019 to 26.11.2019

1. National Integration Day (19.11.2019)

National Integration Day is observed with the theme of Secularism, Anti-communalism and Non-violence. It is observed all over India on 19th, the birth anniversary of the first woman Prime Minister of India Smt. Indira Gandhi. The day is celebrated to enhance the love and unity among people. The unit observed this day by conducting a cycle rally on 19.11.2019. The rally was inaugurated by the principal Dr. Mathew V. The volunteers also pledged to maintain the integrity of the country. 30 volunteers and the programme officer Dr. Teny David took part in the rally.



2. Minority Day (20.11.2019)

The minority Day was observed on 20.11.2019 as the second day of the Quami Ekta Week. An essay writing competition highlighting the conditions and rights of minorities was conducted in the college. Around 40 students participated in the competition. The day provided a chance for the volunteers to create an awareness among the students about the laws and privileges of the minority communities and the challenges they face in a community.



3. Linguistic Harmony Day (21.11.2019)

The third day of Quomi Ekta Week, 21.11.2019, was observed as 'Linguistic harmony day'. This day is observed to introduce the languages used in other parts of the country and there by appreciate the linguistic heritage of the country. The program was inaugurated by the Programme Officer Dr. Seena Kurian. In her inaugural address she mentioned about the unity of the nation in spite of its language diversity. The volunteers also conducted presentations on different Indian languages used in the state other than Malayalam such as Hindi, Kannada, Telugu and Tulu. Volunteers were also given a training to use small sentences in these languages.



4. Weaker Sections Day (22.11.2019)

The fourth day, 22.11.2019, was observed as the 'Weaker Section's Day'. This day was observed to create an awareness among the volunteers towards the marginalised people. For this purpose, the unit organised the programme at the Leprosy asylum in the Green Garden Hospital. 30 volunteers in the leadership of the programme officer Dr. Seena Kurian visited the asylum and spent a day with the occupants. Volunteers interacted with them and conducted cultural programmes for them.



5. Cultural Unity Day (23.11.2019)

The fifth day, 23.11.2019, of Quomi Ekta Week was observed as 'Cultural Unity Day'. It is observed to promote the cultural conservation and integration. The day was observed by conducting a video presentation on different cultural diversities around the country. The volunteers pledge to work for the conservation of cultures. This helped in creating a different outlook about the cultural unity of the country among the volunteers.



6. Women's Day (24.11.2019)

The sixth day, 24.11.2019, is observed as 'Women's Day'. The day is observed to create an awareness about the importance of Women in Indian Society and their role in development of nation-building. The programme was organised at the adopted village Thaneermukkam for Kudumbasree and Ayalkkoottam. The unit organised an awareness class for the about their role in Nation building and also in bringing up the girl child to face the challenges they face in the society by their own. Dr. Teny David was the resource person for the programme. The programme was inaugurated by the ward member Smt. Usha Kumari. The programme officers, volunteer secretaries and volunteers were present for the programme.



7. Conservation Day (25.11.2019)

The seventh day, 25.11.2019, was observed as 'Conservation Day'. This day is observed with the aim to conserve the nature and natural resources. A documentary showing the environmental and cultural peculiarities of Himachal Pradesh was screened for the volunteers as a part of this programme.

Constitution Day (26.11.2019)

NSS unit celebrated the Constitution Day at St. Michael's College on 26.11.2019 to commemorate the adoption of the constitution of India. The celebrations included an awareness class by Sri. Jins Jose, awareness rally and the reading of the preamble of the constitution by the volunteer secretary. Programme Officer Dr. Seena Kurian Inaugurated the function. NSS volunteers and the Programme officers were present for the programme.



Army Day Observation

Army day is observed every year on January 15th, the day on which the power of the army is transferred to the hands of an Indian citizen from British. It is celebrated as a salute to those brave fighters, who have given up everything to protect the motherland and maintain the integrity of the Nation. National Service Scheme of St. Michaels College observed the army day 2020 on 15.01.2020 by conducting a Lighting the Candle and prayer ceremony. The programme included the inauguration by the principal Dr. Mathew V.

Ek Bharath Shreshtha Bharath (09.12.2019)

Ek Bharat Shreshtha Bharat is an initiative of the government of India announced by the Prime Minister on the occasion of the 140th birth anniversary of Sardar Vallabhbhai Patel. This initiative was aimed to enhance the understanding and bonding between states and thereby strengthen the unity and integrity of India. As a part of this initiative, the National Service Scheme of St. Michaels College Cherthala organised a talk on 08.12.2019. Prof. Preetha, SD College Alappuzha was the resource person for the programme. A documentary, showing the cultural peculiarities of the pairing state, Himachal Pradesh was also screened. Programme was beneficial for the volunteers to understand the cultural, linguistic, geographical and the environmental peculiarities of the pairing state.



Human Rights day (10.12.2019)

Human Rights Day is celebrated every year on December 10 to recognize and empower human rights. It mainly includes economic, social, cultural rights and international commitments on civil and political rights. NSS unit of St Michaels College Cherthala celebrated Human Rights Day by creating a signature tree in front of the college. A speech was also presented by the first year volunteer Kumari Dini Cyriac.



National Youth Day 2019 (15.01.2020)

National Youth Day is celebrated on January 12th to commemorate the birthday of Swami Vivekananda, The main objective of the day is to make a better future of the country by motivating the youths and spreading the ideas of the Swami Vivekananda. National Service



Scheme of St. Michael's College Cherthala has organized a Youth day Programme in association with Right to Information Kerala Federation on 15.01.2020 in the college auditorium. The programme was aimed to create an awareness among the students about Right to Information Act. The programme was presided by the principal Dr. Mathew V. and inaugurated by Sri Sasikumar Mavelikkara, the Vice-president of RTI Kerala Federation. The classes were led by Sr. sasikumar Mavelikkara and Sr. Viswanathan Pillai (RTI Kerala Federation executive member). The programme provided an opportunity for the volunteers to understand the possibilities of the Right to Information Act in an authoritative manner.

Fit India Walkathon (18.01.2020)

Fit India Movement is a nation-wide movement which is aimed to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. As a part of the Fit India movement the National Service Scheme of St. Michaels College Cherthala organized a 'Walkathon'



on 18.01.2020. The programme was flagged off by the principal Dr. Mathew V. Programme Officer Dr. Seena Kurian led the walkathon.

Republic day (26.01.2020)

The 71st Republic Day of the Nation was celebrated in St. Michael's College on 26.01.2020. The programmes were jointly organised by the management, NCC and NSS. The inauguration of the ceremony and flag hosting was done by the principal Dr. Mathew V. March past was conducted by the NCC followed by the cultural programmes by NSS.



Martyr's Day - Gandhi's Smrithi (30.01.2020)

In connection with 150th year of the birth anniversary of Mahatma Gandhi, the unit organised a poster exhibition about the life of Gandhi named Gandhi Smruthi on 24.01.2020 in the college portico. Volunteers also conducted a two minute silent prayer as a tribute to the father of the nation.



Aids Awareness Class 26.02.2020

The NSS unit in association with Red Ribbon Club Organised an AIDs awareness class on 26.02.2020 in the college seminar hall. Cherthala Taluk Hospital Superintendent Dr. Anil Kumar was the chief guest and the speaker. He explained the different aspects of AIDs in an easily digestible manner to the students.



International Day of Yoga (21-05-2018)

Yoga is an ancient Indian practice of harmonizing the body through breathing, poses and meditation. In recent years this system received a global acceptance and from 2015 onwards, June 21st is observed as the International Day of Yoga after its inception by United Nations General Assembly in 2014. The aim of this day is to raise a global awareness on the benefits of Yoga. With this aim and also to create an awareness among the NSS volunteers, St .Michael's college unit participated in the District Yoga Day celebration held at SN College, Cherthala organized jointly by SN college and Nehru Yuva Kendra, Alappuzha. The programme included classes and training sessions on Yoga and disaster management led by experts in the area. Unit also cleaned and saplings were planted on the sides of the National Highway in front of the college gate.

Palliative Care Day Observance

6 volunteers from the NSS unit of the college participated in the Palliative Care Day observance held at Assisi Hospital Punnapra organised by Alappuzha district Initiative in Palliative care on 15.01.2020.



‘Vanavaracharanam’ (15.07.2019)

Forest ecosystem is one of the major ecosystem in nature which provides a sustainable existence for its inhabitants. Forests also supports all the basic necessities of humans such as food, water, air, shelter, medicines etc. Kerala is a state with large area of forest with one of the richest biodiversity. But these forests and its biodiversity are facing severe threats especially from anthropogenic activities. To create an awareness about the importance of forest and its conservation, the NSS unit conducted ‘Vanavaracharanam’ on 15.07.2019. On that day 25 volunteers and the Programme Officers Dr. Teny David and Dr. Seena Kurian visited Mr. K.V Dayal, who is a naturalist, organic farming ambassador and a Kerala State Vanamitra award winner. The programme included a discussion session with Mr. Dayal and visit to the artificial micro forest ecosystem created by Mr. Dayal. The programme was a great inspiration for the volunteers to involve more into environmental conservation activities. The volunteers also conducted a tree planting drive by throwing the seeds of native trees in the campus as per the direction from Mr. Dayal.



CAMPS/WORKSHOPS/TRAININGS/COMPETITIONS

Nature Camp at Periyar National Park (24.06.2019 to 26.06.2019)

Nature camps is a government aided programme conducted by Kerala Forests and Wildlife department for creating an awareness and among different group of people towards the conservation of nature and natural resources. It provides first-hand experience to the participants which in turn help the forest department to popularise message of conservation among the general public and there by implement various conservational strategies in a more effective way. The unit is also very keen in providing this opportunity to the volunteers as a major environmental activity. The first Nature camp of the year was conducted at Periyar National Park from 24.06.2019 to 26.06.2019 at Vanasree Dormitory, Kumali. 40 volunteers and 2 teachers along with the programme Dr. Teny David participated in the camp. The camp included awareness class on Nature conservation, Snakes, Periyar Tiger Reserve & Tiger. trekking. bird watching, cleaning, competitions and cultural activities. The volunteers were able to spot Wild Gaur, Nilgiri langur, Sambar deer, Wild boar, Gray hornbill, Frogmouth, Kingfisher, Swifts, Owl, butterflies, rare trees, plants and the evidence for the presence of Tiger during trekking and bird watching. The camp was a great success in imparting a new outlook in volunteers about the importance of nature and its conservation.



Nature Camp at Silent Valley National Park (12.12.2019 to 14.12.2019)

The second Nature camp of the unit was conducted at Silent Valley National Park from 12.12.2019 to 14.12.2019 at Camp site Thathengalam, Palakkad. 40 volunteers and the programme officers Dr. Teny David, Dr. Seena Kurian and Ms. Achu were participated in the camp. The camp included awareness classes, trekking, bird watching, film show, conservation activity and cultural programmes. The volunteers actively participated in all the activities. The most interesting of them was the bird watching. The volunteers were able to identify many birds with the help of the resource persons Sri. Manoj (educational officer) and programme officer Dr. Teny David. Volunteers spotted Nilgiri Langur, Mangoos, Malabar Giant Squirrel, Peacock, Racket Tailed Drongo, Golden Oriole etc. during trekking and bird watching. The camp was a memorable experience which motivated the volunteers to strength the conservation activities of the unit.



Nature camp at Aralam Wildlife Sanctuary (21.01.2020 to 23.01.2020)

The NSS unit organised a nature camp at Aralam Wildlife Sanctuary, Kannur from 21.01.2020 to 23.01.2020. 40 volunteers along with Programme officer Dr. Teny David, Associate Programme officer Prof. Sam Johnson and Ms. Arya Jose participated in the camp. The camp included awareness classes on conservation, Trekking, Bird watching and cultural programmes. The most interesting of which was the class on butterflies and the identification of butterflies during trekking. The volunteers spotted Hanuman langur, Malabar Giant Squirrel, Elephant, spotted deer, Malabar pit viper, Malabar tree nymph, Albatros etc. The campers also visited St. Angelo Fort and Muzhappilangadi beach on the way. The camp provided an opportunity for the volunteers to understand the difference between a forest and a deforested area which in turn created an awareness about the value of forests and the need for the conservation of forest ecosystem. It also provided an opportunity for the volunteer to familiarise the cultural, social, linguistic and environmental peculiarities of the Malabar.



University of Kerala Pre RD selection (12.10.2019)

Republic Day Parade Camp is a dream for all NSS volunteers. Through proper selection and thorough training the unit was able to represent the state in Republic Day Parade in 2017 and 2019. This year also the unit conducted a unit level selection and Mr. Divine George Kurian and Kumari Aparna Udayan were sent for University level selection. University level selection for Pre RD was held at BJM College, Chavara on 12.10.2019. Both the volunteers performed well and Divine George Kurian got selected for the Pre RD camp at Thiruchirappally.



Pre-Republic Day Parade Camp

(16.10.2019 to 25.10.2019)

Mr. Divine George Kurian of St. Michael's College participated in the Pre-Republic Day Parade camp. The camp was held at National College, Thiruchirappally, Tamil Nadu from 16.10.2019 to 25.10.2019. Divine George Kurian participated and successfully completed the camp. The camp included Parade training, academic sessions, cultural programmes and camp tour.



State Level Palliative Care Training Program (10.10.2019 to 11.10.2019)

Palliative Care is a major programme of the University for the year 2019-20. As a part of this University NSS cell organised a State Level Palliative Care Residential Training programme from 10.10.2019 to 11.10.2019 at Thiruvananthapuram. Mr. Anugrah Cyrus, first year volunteer of the unit participated in the training programme.

Volunteer Leadership Training Programme (14.11.2019 to 16.11.2019)

The Kerala University volunteer leadership training was held on 14.11.2019 to 16.11.2019 at student's centre, Thiruvananthapuram. Volunteer secretary Ms. Mariyam Johna J. and Programme secretary Mr. Lijo Sebastian participated in this camp. The camp was held under the leadership of the university co-ordinator Dr. Shaji A. Regional Director Dr. Sajith Babu international trainer Sri. Bhramanaykam Mahadevan were interacted with the volunteers. The camp was very fruitful for the participants.



State Level Disaster Management Training Camp (28.11.2019 to 30.11.2019)

The academic institutions realized the importance of disaster management and training to the students after the state faced continuous natural disasters in the recent times. Sree Sankaracharya University of Sanskrit, Kalady organized a three day state level residential disaster management camp from 28.11.2019 to 30.11.2019 at the university campus. Kumari Pavana Soy of St. Michael's unit participated in the camp on behalf of the college. The camp included practical sessions on first aid and disaster management. The camp was very effective which equipped the volunteer to conduct further activities in the college.

Disaster Management Training Workshop (21.07.2019)

The new climatic conditions of the state made it more prone to severe disastrous conditions. The state has already experienced tsunami, cyclones and floods. So there is a need to equip the people especially the youth to face the challenges of the disasters for their safety and also for the service of the society. With this aim, the St. Michael's college unit included disaster management training as a major activity of the year. In connection with this, a first batch of 31 volunteers participated in a Disaster Management Training Workshop organised by Alappuzha Disaster Response Force(ADRF) and Kerala Fire and Safety Department on 21.07.2019 at Alappuzha collectorate. The training was inaugurated by the district collector Dr. Adheela Abdulla IAS. Different sessions were handled by Mr. Prem Sai Haridas(ADRF chief coordinator), Col. Mr Vijaykumar(ADRF parton), Mr. Rajan and Mr. Gopalakrishnan(Fires safety officers, Alappuzha). The training provided a first-hand information about different protocols to be followed during a disaster. The volunteers also became more confident to involve in disaster relief activities. Programme officer Dr. Teny David was also present for the training.



Vembanad Water Bird Counting Camp (18.01.2020 to 19.01.2020)

Vembanad Water Bird Counting is organized every year in the month of January by Department of Forests & Wildlife and Kottayam Nature Society. This year it was conducted from 18.01.2020 to 19.01.2020 at Kavanattinkara, Kottayam. 11 volunteers and the Programme Officer Dr. Teny David participated in the counting. The programme included a seminar on ‘Protection of Water birds of Vembanad – Opportunities and challenges’, photo exhibition, training on bird identification & counting and bird counting. The site allotted for the unit was Kumarakom Bird Sanctuary. The volunteers identified Egrets, Heron, Kingfishers, Painted stork, Lapwing, Darter, and Cormorants. The group also had a boating in the Vembanad Lake which was an eye opener for the volunteer about the magnitude of pollution in the lake. The camp also provided an opportunity to understand the basics of bird identification and counting, the pattern & changes of bird migration, importance of birds in an ecosystem and the challenges they face. The camp was able to create a realization among the participants about the need for awareness among the local people about the importance of birds and its conservation.



‘VIMUKTHI’ - Anti Drug Initiative (21.11.2019 to 22.11.2019)

‘Vimukthi’ is an anti-drug awareness project implemented by the University of Kerala NSS cell as a part of its annual programme plan. As an initiative to this project the NSS cell organised a two day residential programme for the volunteers of the colleges under university from 21.11.2019 to 22.11.2019 at Student’s centre, Thiruvananthapuram. Mr. Nithin Thomas of St. Michael’s College NSS unit participated in the training camp. Camp included academic sessions, and training on short film making, poster making & drama. This programme was fruitful in equipping the volunteers to conduct unit level programmes.

Platanodel 2019 (28.10.2019)

A team of two volunteers, Kumari Amina M.N and Kumari Christ Aloecious of Dept. of English from St. Michael’s College National Service Scheme participated in Plantane-2019, a cooking fest organized by Sree Ayyappa College, Eramallikkara on 28.10.2019, presented banana cutlet and won the third prize in the cooking competition.



REGALIA (02.12.2019)

A team of 9 volunteers and the programme officer Dr. Seena Kurian from National service scheme of St Michael’s College, Cherthala participated in the international cultural fest 'REGALIA 2019' organized by Sree Ayyappa College, Eramallikkara on 02.12.2019. The team presented Nadanpattu and secured certificates.

ANNUAL SPECIAL CAMP 2019

Pre Camp Orientation (09.12.2019)

National Service Scheme of St Michaels College Cherthala organised the pre-camp orientation on 09.12.2019. The vice-principal of the college Prof. Annie Jose K. inaugurated the programme. The orientation was intended to educate the volunteers about the aim and objective of Annual camp and also to give them a primary training to conduct various activities during the camp. The volunteers were given classes and training on Pisciculture, Organic farming and disaster management. Dr. Antony P.J, Mr. Sujith, Dr. Teny David and Dr. Seena Kurian were the resource persons for different sessions.



‘JEEVANAM 2019’ –

Annual Special Camp (20.12.2019 to 26.12.2019)

INTRODUCTION

The seven day Annual Special Camp of National Service Scheme of St. Michael’s College, Cherthala for the year 2019-2020 was conducted from 20.12.2019 to 26.12.2019 at Government Higher Secondary School, Thanneermukkam. A total of 115 students including the camp leaders participated in the camp. The camp was named ‘JEEVANAM 2019’ with the theme ‘Karuthalakam Kaithangam’(To Guard, To Help). The camp was aimed

1. To create an awareness among the villagers of Veliambra (8th ward) of Thanneermukkam panchayat, which is the adopted village of the unit, about the need to conserve/‘GUARD’ the nature through pond rejuvenation and pisciculture activity.
2. To create an awareness among the villagers about the need for organic farming in the premises of their houses for maintaining a healthy life style through vegetable garden activity.
3. To create a disaster management group in the unit to equip the volunteers to act/‘HELP’ as a first response group at the time of disasters. To achieve this the volunteers were provided with training in disaster management, first aid, palliative care, personality development and Yoga.
4. To aid in the personality development of the campers through classes, trainings and activities.

The camp was led by the Programme officers Dr. Teny David and Dr. Seena Kurian. Principal of the college Dr. Mathew V., Panchayat president Adv. P.S. Jyothis, Panchayat member of the 8th ward Smt. Ushakumari Sivadasan, Prof P.Pratheesh and the Principal of the school Sri. Jayalal were the advisors for the camp. Sri. Vivek G.K, senior volunteer, served as the camp secretary.



Day 1 (20.12.2019)

The camp started with registration at 10.00 am followed by camp cleaning and arrangements. After lunch at 01.00 pm, camp secretary Mr. Vivek G.K. addressed the campers. In his talk he explained the rules, schedule and activities planned for the camp. Tea was provided at 4.00 pm and the campers were given time for planning and practicing cultural activities. The Inaugural function commenced at 6 pm with the welcome by the camp secretary Vivek .K.M. The meeting was presided by the Programme officer Dr. Teny David. The chief guest Adv. P.S. Jyothis, Thanneermukkam panchayat president inaugurated the camp and addressed the campers. In his speech he mentioned the role of NSS in an academic institution and in adopted village. He also shared his experience as an NSS volunteer and the role of NSS in his career. The camp was felicitated by Smt. Ushakumari Sivadasan(ward member, 8th ward), Sri Jobin and Sri Jayalal((Principal, GHSS). After the inauguration an ice breaking session was conducted. The session was led by Sri. Punnapra Jyothikumar and team. The session was filled with group activities, games and traditional songs. After the session dinner was served at 9.30pm. Leaders meeting was conducted at 10.30 to review the first day activities.



Day 2 (21.12.2019)

The second day started with flag hosting ceremony. Ward member Smt. Ushakumari Sivadasan was the chief guest. After flag hosting a zoomba dance session was conducted under the leadership of Mr. Divine George Kurian. After breakfast the first training session was conducted on personality development from 9.00 to 10.00 am. Sri. Jins Jose was the resource person for the session. Second session was on palliative care from 10.30 am to 01.00 pm. The resource person for the session was Sri. V. K. Rajendran, Health inspector (Rtd.), counsellor and motivational speaker. After lunch, the volunteers were given a short break for practicing cultural programmes. During the post noon session the volunteers were divided into two groups

of 50 each. The first group was engaged in cleaning the ponds in the adopted village, which was selected for pisciculture. The second group was involved in the preparation of grow bags for vegetable gardens. The tea was provided at 4.00 pm. A session on Chiri Yoga was conducted from 4.30 to 5.30 pm. Sri. Vijayanath, Vipanchika Arts Club, Thuravoor was the resource person for the session. After fresh up flag de hoisting and prayer session was conducted. The cultural programmes were conducted from 7 to 9pm. The dinner was provided at 9.00 pm followed by roll call at 9.30 pm. The campers went to sleep at 10.00pm. Leaders review session was conducted at 10.30 pm.



Day 3 (22.12.2019)

The third day of camp began with flag hosting ceremony. The chief guest for the ceremony was the principal of the college Dr. Mathew V. The yoga session started at 6.30 led by Dr. Satheesh. After breakfast at 8.30 am a disaster management training session was conducted from 09.30 am to 01.00 pm. The training was given by the Disaster management team from Sri Sathya Sai Seva Organisation. Ram Dayal(State coordinator) and Sri. Manjesh were the trainers for the session. The campers were introduced to various methods to keep the people safe during calamities like flood, landslides and fire. They trained the campers to conduct rescue operations with the available materials during the time of calamities. After lunch at 1.00 pm the volunteers were given time for practicing cultural activities. The work was conducted from 2 to 4.30 pm. During this time the volunteers were involved in pond rejuvenation and

organic farming activities. The tea was provided at 4.30. After fresh up flag de hoisting and prayer session was conducted. The cultural programme was conducted from 7 to 9. The dinner was provided at 9.00 pm followed by roll call at 9.30 pm. The campers vent to sleep at 10.00pm. Leaders review session was conducted at 10.30 pm.



Day 4 (23.12.2019)

The fourth day of camp began with flag hosting ceremony. The chief guest for the ceremony was Sri. Jobin, the member of the 14th ward. The yoga session started at 6.30 led by Dr. Satheesh. After breakfast at 8.30 am the first training session was conducted on first aid. Mr. Sunil and Mrs. Alli, Nursing Supt. from KVM Multispeciality Hospital were the resource persons. The second session was conducted on personality development. Sri. Baiju PAM, Motivational speaker and trainer was the resource person. After lunch at 1.00 pm the volunteers were given time for practicing cultural activities. The work was conducted from 2 to 4.30 pm. During this time the volunteers were involved in pond rejuvenation and organic farming

activities. The tea was provided at 4.30. After fresh up flag de hoisting and prayer session was conducted. The cultural programme was conducted from 7 to 9. The dinner was provided at 9.00 pm followed by roll call at 9.30 pm. The campers vent to sleep at 10.00pm. Leaders review session was conducted at 10.30 pm.



Day 5 (24.12.2019)

The fifth day of camp began with flag hosting ceremony. The chief guest for the ceremony was Ms. Arya Jose, Assistant Professor, St. Michael's College, Cherthala. The yoga session started at 6.30 led by Dr. Satheesh. The breakfast was provided at 8.30 am. The fourth day's session was led by Sri. Brahmanayakom Mahadevan, international trainer and motivational speaker, from 09.30 am to 12.30 pm. After lunch at 1.00 pm the volunteers were given time for practicing cultural activities. The work was conducted from 2 to 4.30 pm. During this time the volunteers were involved in pond rejuvenation and organic farming activities. The fishes were released into the ponds. Fish releasing was inaugurated by the programme officer Dr. Teny David. The tea was provided at 4.30. After fresh up flag de hoisting and prayer session was conducted. The cultural programme was conducted from 7 to 9. The dinner was provided at 9.00 pm followed by roll call at 9.30 pm. The campers vent to sleep at 10.00pm. Leaders review session was conducted at 10.30 pm.





Day 6 (25.12.2019)

The Sixth day of camp began with flag hoisting ceremony. The chief guest for the ceremony was Ms. Smisha A., Assistant Professor, St. Michael's College, Cherthala. The yoga session started at 6.30 led by Dr. Satheesh. The breakfast was provided at 8.30 am. The morning session started with camp rally followed by games and treasure hunting. After lunch at 1.00 pm the volunteers were given time for practicing cultural activities. 'Sramadan' was conducted from 2 to 4.30 pm in the school. During this time the volunteers cleaned the school premises, rejuvenated an abandoned well in the school and planted vegetable & plantain saplings. The inauguration of the vegetable garden were carried out in the afternoon session. Programme officer Dr. Seena Kurian inaugurated the gardens. The tea was provided at 4.30. After fresh up flag de hoisting and prayer session was conducted. The cultural programme was conducted from 7 to 8.30. The dinner was provided at 8.30 pm followed by roll call at 9.00 pm. After roll call a camp fire session was also conducted in which the senior leaders shared their experience as an NSS volunteer. Leaders review session was conducted at 11.00 pm.





Day 7 (26.12.2019)

The Seventh day of camp began with flag hosting ceremony. The chief guest for the ceremony was Dr. Seena Kurian, Programme officer and Assistant Professor, St. Michael's College, Cherthala. Flag hosting session was followed by a jogging session. The breakfast was provided at 8.30 am. After breakfast the campers cleaned the camp. The valedictory session was conducted at 11 am. The meeting was presided by the programme officer Dr. Teny David. Prof. P. Pratheesh, Former NSS Programme officer of National Service Scheme was the chief guest for the programme. An experience session was also conducted as a part of the valedictory session. Dr. Seena Kurian expressed the vote of thanks for the meeting. After valedictory, flag de hosting ceremony was also conducted. Camp Secretary Mr. Vivek G.K. de hoisted the flag and handed over to the programme officer. After lunch the camp was dispersed.



The camp was success in achieving all its aims. Through the camp 100 volunteers were given training in disaster management, first aid, yoga and palliative care. This made them ready for facing the challenges of climatic disasters. The camp rejuvenated 4 ponds in the village and started pisciculture and handed it over to the owners for further activities. Camp also implemented vegetable gardens in 20 selected houses with 20 grow bags each with the saplings of Chilly, Amaranthus, Brinjal, Ladies finger and Pea. Through pond rejuvenation activity the camp was able to create an awareness among the villagers about the need for the conservation

of ponds in the sustainable development of the village. Vegetable gardening activity was successful in creating an awareness about the importance of vegetable garden in the improvement of health status of the village. The training sessions and works were helpful for the personality development of the campers and also to understand the role of a volunteer in the molding of a community.



ANNUAL SPECIAL CAMP LEADERS 2019-20

UNIVERSITY AND STATE NSS INITIATIVE

‘TRIP’ – NSS Movie (26.02.2020)

The movie ‘TRIP’, an initiative of Mahatma Gandhi University and State NSS cell against drug abuse, was screened at Kairali theatre, Cherthala on 26.02.2020. 25 volunteers and the Programme officer Dr. Seena Kurian participated in the movie screening.



‘VIMUKTHI’ – Anti Drug Initiative (27.02.2020 to 06.03.2020)

Drugs are substances which causes a change in an organism's physiology or psychology when consumed. Excessive of illegal use of psychoactive drugs which can lead to physical, social or emotional harm to human is called drug abuse. In recent times the illegal use of drugs are increasing in an alarming speed due to many reasons. So it is very important to create an awareness among the public, especially the youngsters and school students about this social evil. With this aim University of Kerala implemented a project named ‘VIMUKTHI’ in its annual plan and National Service Scheme was selected as the nodal agency to implement the project. For the successful implementation of the programme, leaders were selected from the NSS units and were given university level training in conducting the unit level programmes. Mr. Nithin Thomas of Economics was selected as the leader. Under his leadership the unit organized anti-drug initiative programmes from 27.01.2020 to 06.03.2020 in the college and neighbouring villages.

International Day against Drug Abuse and Illicit Trafficking

National Service Scheme of St. Michael's college, Cherthala observed International day Against Drug Abuse and Illicit Trafficking on 27.01.2020. An awareness class was organised in the college auditorium. The principal of the college Dr. Mathew V. inaugurated the programme. Sri. Manoj V.K, Excise preventive officer, Alappuzha was the chief guest and the resource person for the programme. He explained the uses of drugs, the misuse and its consequence to the students. There was an interactive session after the class in which the students actively participated. The Programme officer Dr. Teny David and Dr. Seena Kurian were present for the programme. About 400 students including NSS volunteers participated in the class.



Flash Mob (06.03.2020)

As a community level awareness program, a flash mob cum skit was conducted on 06.03.2020 at Arthunkal beach; St Francis Assisi H S S(Arthunkal), Govt L P School (Mararikulam) and St Mary's H S S (Kattoor). 50 volunteers participated in the event who conveyed the message to about 2000 people.



Awareness Competitions (06.03.2020)

Competitions were conducted to convey the message related to drug abuse and its problems at Govt. L P School, Mararikulam. It included essay writing, pencil drawing and quiz. Around 150 students participated in various competitions. Headmaster of the school distributed the prizes to the winners. Dr. Seen Kurian led the program.



SUPPORTING DOCUMENTS



Certificate of Appreciation

"Giving yourself is the ultimate revolution"
(Bryant McGill, Voice of Reason)

COCHIN CANCER RESEARCH CENTRE

(An Autonomous Institution under Government of Kerala)
Kalamassery, Ernakulam

Thankfully Certifies That

Name **Dr. SEENA KURIAN**

Contributed her/his pretty locks to CCRC Wig Project.



Place : Kalamassery

Date :26 March 2022

Dr Director



Certificate of Appreciation

This certificate of Appreciation is awarded to
ST. MICHAEL'S COLLEGE, CHERTHALA
in recognition of the exemplary services rendered to the society
during 2021-22 through the Student Palliative Care Units implemented
by the University as part of its institutional social responsibility.

Siddhik R.
Siddhik R.
Director, Student Services

Shaji A.
Prof. (Dr.) Shaji A.
Programme Co-ordinator, NSS

V.P. Mahadevan Pillai
Prof. (Dr.) V.P. Mahadevan Pillai
Vice Chancellor



Thiruvananthapuram
10 March 2022



GOVERNMENT OF INDIA
Ministry of Youth Affairs and Sports
NEHRU YUVA KENDRA, ALAPPUZHA

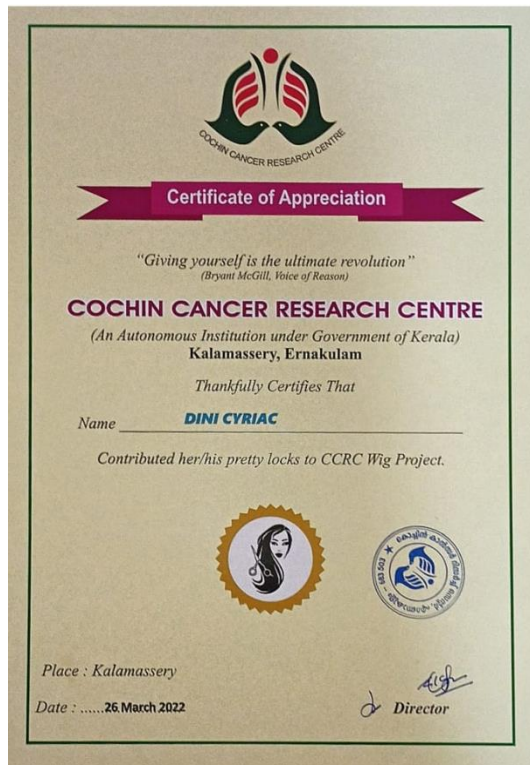
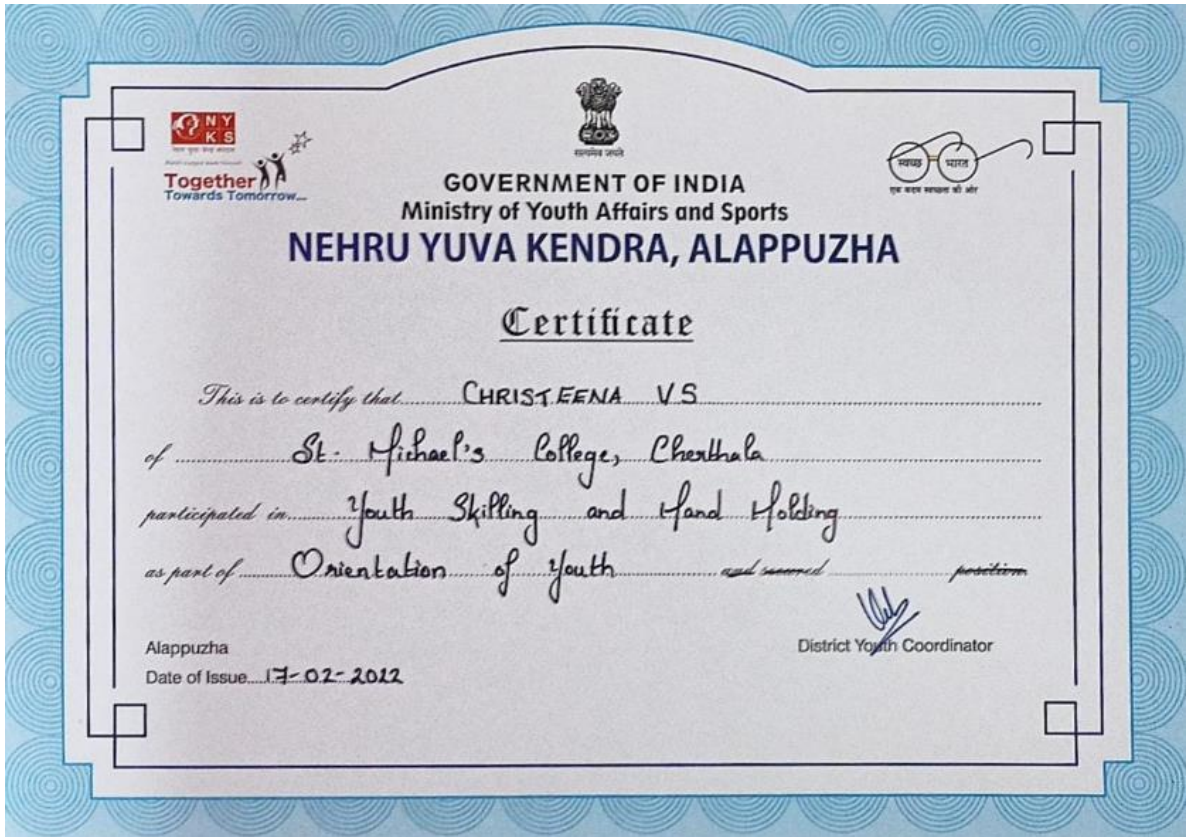
Certificate

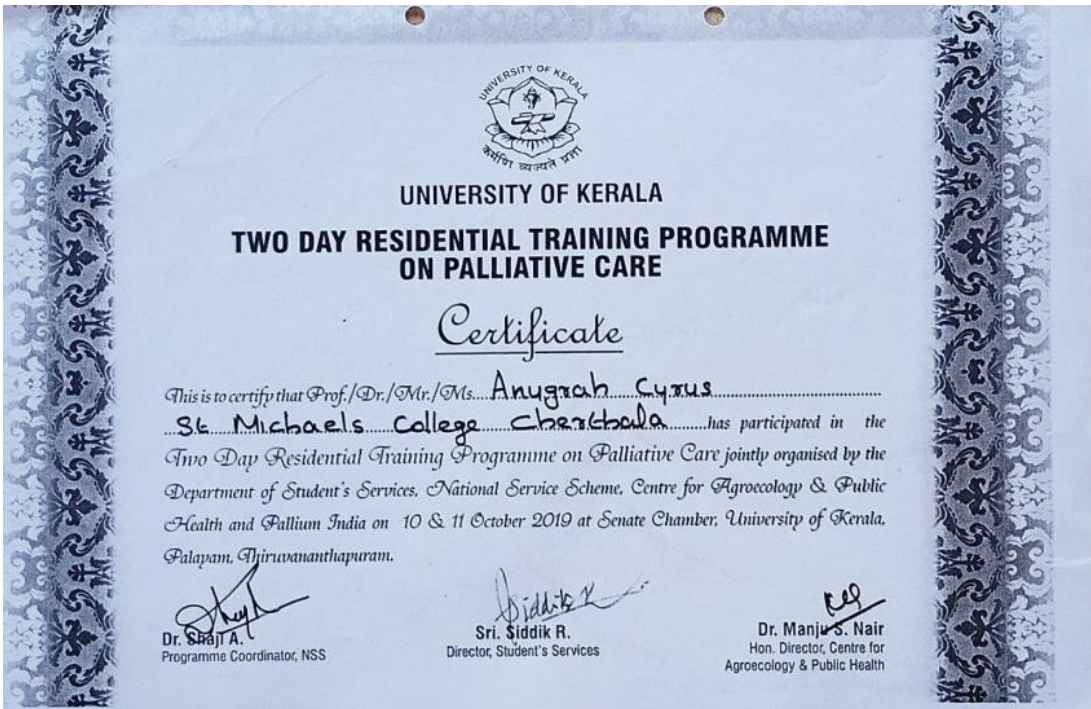
This is to certify that *Dr. Seena Kudisan*
of *St. Michael's College, Cherthala*
participated in *Orientation of Youth - Youth Skilling and Handholding*
as part of *Ayazhi ke Amit Mahotaru* and secured *.....* position.

Alappuzha
Date of Issue *17/02/22*



[Signature]
District Youth Coordinator





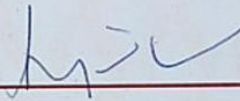
CERTIFICATE OF RECOGNITION

The National AIDS Control Organisation,
Ministry of Health & Family Welfare, Government of India
recognises the members of

RedRibbonClub

of ST. MICHAEL'S COLLEGE, CHERTHALA, KERALA

for their contribution in engaging and mobilizing
Youth to prevent and control HIV/AIDS for the
National AIDS Control Programme.



Sanjeeva Kumar, IAS

Special Secretary & Director General (NACO and RNTCP)
MoHFW, Govt. of India

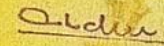


NATIONAL SERVICE SCHEME
UNIVERSITY OF KERALA

Certificate of Merit

The University of Kerala, in recognition of social services, hereby confers upon **Sri. Divin George Kurian, St. Michael's College, Cherthala** the Best NSS Volunteer Award for the year 2019-20 for exemplary services rendered through NSS and promoting the spirit of volunteerism.


Dr. Shaji A.
Programme Co-ordinator


Prof.(Dr.) V.P. Mahadevan Pillai
Vice Chancellor

20th November 2021

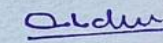


NATIONAL SERVICE SCHEME
UNIVERSITY OF KERALA

Certificate of Merit

The University of Kerala, in recognition of the social services, hereby confers upon **St. Michael's College, Cherthala** the Best N.S.S Unit Award for the year 2019-20.


Dr. Shaji A.
Programme Co-ordinator


Prof.(Dr.) V.P. Mahadevan Pillai
Vice Chancellor

20th November 2021



NATIONAL SERVICE SCHEME
UNIVERSITY OF KERALA



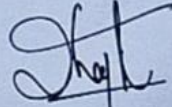
**TWO DAY RESIDENTIAL TRAINING PROGRAMME
ON ANTI-DRUG INITIATIVE**

CERTIFICATE

*This is to certify that Sri./Ms...NIDHIN...THOMAS.....
.....ST. MICHAEL'S..... COLLEGE..... CHERTHALA,.....
.....ALAPPUZHA.....*

*has participated in the two day Residential Training
Programme organized by National Service Scheme,
University of Kerala from 21 to 22nd November 2019
at Kerala University Students' Centre, PMG Junction,
Thiruvananthapuram.*

Thiruvananthapuram
22 November 2019


Dr. A. Shaji
Programme Coordinator



भारत सरकार
Government of India
युवा कार्यक्रम एवं खेल मंत्रालय
Ministry of Youth Affairs & Sports



प्रमाण पत्र
Certificate

प्रमाणित किया जाता है / Certified that

श्री/कुमारी/Mr./Ms. VINDUJA P S

सुपुत्र/सुपुत्री/Son/Daughter of SABU P U

रा.से.यो. स्वयंसेवक
N.S.S. Volunteer of ST. MICHAEL'S COLLEGE, CHERTHALA

राज्य/संघ/State/UT KERALA ने 1 से 31 जनवरी 2019 तक राष्ट्रीय सेवा योजना
गणतंत्र दिवस परेड शिविर, नई दिल्ली में सराहनीय रूप से भाग लिया। *has commendably participated in*
N.S.S. Republic Day Parade Camp, New Delhi from 1st to 31st January, 2019.

वीरेन्द्र मिश्रा / Veerendra Mishra
निदेशक, एन.एस.एस. / Director, N.S.S.

सैमुअल चेलैया / Samuel Chelliah



Swachata Hi Seva

Certificate

Of Appreciation

This Certificate is Proudly Presented to
St. Michael's collage Chertala
N.S.S. unit No. 047 A & B

as a Part of *Swachata Pakwara* Programme

On 20.09 2019
at CHERTHALA Railway Station

20.09.19
Date



STATION MANAGER
RAILWAY