



From the Coordinator's Desk...

Greetings from the IQAC Coordinator!

I am delighted to present the third and final edition of our newsletter for the academic year 2022-23, covering the period from January to March 2023. In this issue, we bring you updates on the various events and activities that took place in our college during this period. It gives me great pleasure to report that the college has continued to make significant progress towards achieving our goal of excellence in all spheres of education. During these months, the college organized a variety of academic and cultural events, including seminars, workshops, and competitions, providing our students with a platform to showcase their talents and skills. We also had several guest lectures by renowned experts in different fields, providing our students with valuable insights and knowledge. The college's placement drive was a resounding success, with many prominent organizations recruiting our students, recognizing their potential and talent. We celebrated the college day, arts day, and sports day, showcasing our students' creativity and athletic prowess. We are proud to announce that one of our students, Kum. Sethulakshmi K. S., was conferred on the title "Kalathilakam 2023" at the Kerala University Youth Festival held at Ambalappuzha, showcasing her talent and dedication to the arts. We congratulate Kum. Sethulekshmi on this outstanding achievement and wish her the very best in all her future endeavors. Thanks to all the faculty, staff, and students for their active participation and contribution towards making these events and achievements possible. I would like to express my gratitude to the entire college community for their continued support and cooperation towards the IQAC's endeavors. Lastly, I urge everyone to continue working towards our goal of achieving excellence in all aspects of education and services provided by the college. Your suggestions and feedback are always welcome as we strive to improve and enhance the quality of education and services provided by our college. Together, we can make St. Michael's College a center of excellence in education.



Thank you, and best wishes for the upcoming academic year!

Dr. Manoj Parameswaran
IQAC Coordinator

Career Awareness Day

The 19th of January, 2023 was observed as 'Career Awareness Day' by the Career Guidance and Placement Cell of St. Michael's College. Invited Talks and Interactive Sessions were held for the final year students as part of this day in association with some of the most established and experienced academies and institutions functioning in the state of Kerala. The programmes were hosted with the main objective of instilling an understanding regarding the importance of choosing a career wisely and also to enlighten the students on various career possibilities associated with their discipline as well as the general prospects. 165 students from various disciplines took part in the sessions that discussed topics like Career Opportunities Abroad, Mainstream Competitive Examinations, Career Prospects in the Health Sector, and Benefits of Abroad Studies.



Fourth National Seminar on 'Recent Advances in Photochemistry' (NSPC 2023)

The Department of Chemistry, St. Michael's College, Cherthala organized the Fourth National Seminar on 'Recent Advances in Photochemistry' (NSPC 2023) cosponsored by Kerala State Council for Science, Technology and Education (KSCSTE) during 1-3 February 2023. The main objective of our programme was to provide a platform to discuss the latest developments in fundamental and applied photochemistry and related sciences. The inaugural ceremony was conducted at Fenicio Digital Seminar Hall, St. Michael's College, Cherthala. The seminar was inaugurated by Prof. P Shanmugam, Chief Scientist, CSIR-Central Leather Research Institute, Chennai. Seminar Proceedings was released by Dr. Reji Varghese, Scientist, Indian Institute of Science, Education and Research (IISER), Thiruvananthapuram. Manager Rev. Fr. Nelson Thaiparambil, Principal Dr. Sindhu S. Nair, Dr. Manoj Parameswaran, Head, Department of Chemistry, Convenor Smt. Liya Jose M., Co-ordinator Sri. Joseph Libin was present during the inaugural meeting.

Resource persons from reputed institutes; Prof. P Shanmugam (CSIR-Central Leather Research Institute, Chennai), Dr. Reji Varghese (Institute of Science, Education and Research (IISER), Thiruvananthapuram) Dr. Jubi John (National Institute for Interdisciplinary Science and Technology (NIIST), Thiruvananthapuram), Dr. Reshma Krishnan (Centre for Materials Science and Nano Technology, University of Oslo, Norway), Dr. Jinto George (Intrans Electro Components Pvt. Ltd. Ernakulam), Dr. Ranjini Radhakrishnan (Kuriakose Elias College, Mannanam, Kottayam) handled various sessions. The speakers elaborated on the importance and various applications of photochemistry in daily life, medical and biomedical field, sustainable energy and energy storage devices, photo-voltaics etc. Another highlight of the seminar was the Signing of MoU between St. Michael's College Cherthala and K. E. College Mannanam and Intrans Electro Components Pvt Ltd. Aluva. (Academia – Industrial Linkage). Around 50 delegates from various colleges and 75 from the host campus participated. 20 of them presented their papers in this seminar.



Organizing Committee
Dr. Manoj Parameswaran (Scientific Advisor)
Smt. Seena Elizabeth George
Dr. Pearl Augustine
Smt. Liya Jose M. (Convenor)
Sri. Joseph Libin K.L. (Co-ordinator)
Dr. Beena James
Dr. Liji M. L.

Advisory Committee
Dr. Vijayakumar Chakkooth, NIIST, Thiruvananthapuram
Dr. Halan Prakash, BITS, Goa
Prof. Mahesh Hariharan, IISER, Thiruvananthapuram
Dr. Sunesh C. V., University of Kerala
Dr. S. Anas, MG University, Kottayam
Dr. Seno Jose, Govt. College, Kottayam
Dr. Ani Deepthi, University of Kerala
Dr. Sindhu S Nair, Principal, St. Michael's College, Cherthala
Dr. P. Manoj, IQAC Coordinator, St. Michael's College, Cherthala
Dr. Ranjini Radhakrishnan, K.E. College, Mannanam

Contact:
Convenor, NSPC-2023
Department of Chemistry, St. Michael's College
Muyithara P.O., Cherthala, Kerala - 688538
Mobile: 956787208; 984722093; 9400562122
Email: smcchem1@gmail.com

Important Dates:
Abstract submission: 28th January 2023
Registration: 29th January 2023

Registration Fee: ₹ 500/-

**FOURTH NATIONAL SEMINAR
on
RECENT ADVANCES IN
PHOTOCHEMISTRY
NSPC 2023
FEBRUARY 1-3, 2023**

Organized by
Department of Chemistry,
St. Michael's College, Cherthala, Kerala

Co-sponsored by
Kerala State Council for Science,
Technology & Environment (KSCSTE),
Thiruvananthapuram

Venue: Fenicio Digital Seminar Hall
St. Michael's College, Cherthala, Kerala



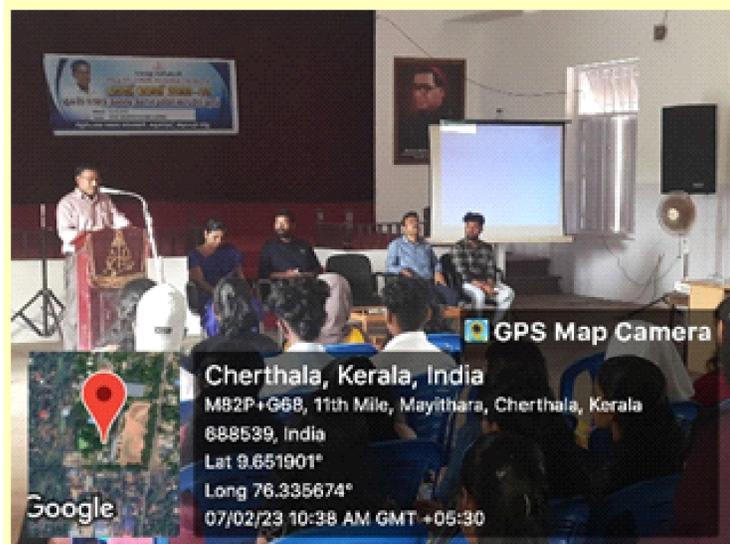
Science for School - A Two-Day Workshop for High School Teachers on Basic Sciences

The Department of Chemistry, St. Michael's College, Cherthala, in association with the IQAC, organized a two-day workshop on Basic Sciences titled "Science for School" on 30-31 January 2023 at the Fenicio Digital Seminar Hall, St. Michael's College, Cherthala. This was an initiative of the Board of Education Alleppey Diocese (BEAD). The workshop was aimed at high school teachers, with the objective of equipping them with the skills and capabilities to undertake student-centric methods of experimental learning, which would improve the quality of science education in high schools. The event began with an inaugural session on Day 1 at 10:00 am, which was followed by a talk given by Dr. Manoj Parameswaran, the Head of the Department of Chemistry, St. Michael's College. He spoke on the importance of scientific aptitude and teaching, and how to impart conceptual knowledge in science to improve the quality of science education. After his talk, there was a tea break. The workshop continued with a hands-on experience in qualitative and quantitative experiments in the chemistry lab, led by Dr. Pearl Augustine, which took place from 1:30 pm to 3:30 pm. This session aimed to equip the teachers with the skills and capability to undertake student-centric methods of experimental learning in their own classrooms. On Day 2, the workshop resumed with a talk by Dr. Mini P.A, Head, Department of Physics, St. Michael's College. She spoke on the importance science education in schools and how to make science concepts understandable in a lucid fashion. This was followed by a physics lab tour and demonstration. After a lunch break, Dr. Teny David from the Department of Botany gave a talk on the importance of biology education, which was followed by a biology lab tour. The teachers were able to learn and experience various science experiments and methods during the workshop, which could be used in their own classrooms to promote the interest and enjoyment of science among their students. The workshop concluded with a feedback and experience-sharing session, which was led by the program coordinators. The participants were given an opportunity to share their experiences and feedback on the workshop, and the coordinators concluded the event with final remarks. Overall, the workshop was a great success in achieving its objectives of imparting conceptual knowledge in science and promoting student-centric methods of experimental learning among high school teachers.



Personality Development and Career Guidance for Minority Students

In association with the Department of Minority Welfare, Government of Kerala, the Career Guidance and Placement Cell of St. Michael's College organized a One Day Personality Development and Career Guidance Camp for the minority students of the college on the 7th of February, 2023, from 9:30 am to 3:30 pm. The event which was organized under the title 'Password' was inaugurated by Sri. Nibu S. Padmam, Vice President of Cherthala South Grama Panchayath in the presence of Dr. Antony Kuriakose, Vice-Principal of the college, who presided over the event. Ms. Seena Elizabeth George, Secretary, PTA, and Asst. Prof. of Chemistry, and Mr. AnanthuSukeshan, College Union Chairman, offered felicitations. Dr. Bashir, former Principal of M. S. M. College, Kayamkulam, and currently employed as the Principal of Coaching Centre for Minority Youth, Kayamkulam, delivered the Vote of Thanks. Mr. Sudheer and Mr. Baiju PAM, renowned trainers of the state, led the sessions. Around 101 students from various departments participated in the camp. Lunch and refreshments were also served free of cost to the participants.



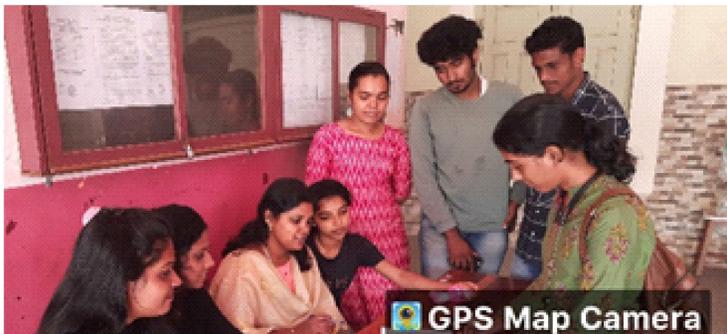
Placement Readiness Training Programme

The Career Guidance and Placement Cell of St. Michael's College in association with the Placement Cell of University of Kerala organized a One Day Placement Readiness Training programme on the 16th of February, 2023, from 9:30 am to 3:30 pm. Mr. Jefin Jo Thomas, a Learning Experience Designer, Trainer and Co-founder of Waggle Lab, a research oriented academic start-up, led the session. The event was organized with the objectives of creating awareness regarding various opportunities among job seekers; to create better trained candidates and also to bridge the gap between industry requirements and existing prospective candidates. Topics like relevance of academic performance, employability readiness, resume preparation etc. were discussed as part of the session. 114 students from various departments participated in the event. Lunch and refreshments were also served to the participants free of cost.



Off Campus Placement Drive

The Career Guidance and Placement Cell of St. Michael's College, Cherthala, in association with Alappuzha Kudumbashree Jilla Mission organized a Mega Job Fair on the 25th of February, 2023. The placement drive, conducted in the off-campus mode and under the title 'Promise 2023', was held as part of the Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY) project, an initiative of the Ministry of Rural Development, Government of India. 15 companies from different parts of the State of Kerala, pertaining to Finance, Marketing, IT, and Customer Relations participated in the drive and more than 100 candidates appeared for the interviews conducted by the firms. The drive was inaugurated by Sri. V. G. Mohanan, the President of Kanjikuzhy Block Panchayat in a meeting presided by Ms. Sinimol Samson, President of Cherthala South Panchayat and felicitated by Dr. Sindhu S. Nair, Principal of St. Michael's College.



Career Prospects of Commerce & Management Students

The inaugural ceremony of AICUF was held on 30th August 2022 from 10.00 am to 12.30 pm in the Digital Seminar Hall of St. Michael's College Cherthala. Fr. Titus Augustine, the teacher Co-ordinator of AICUF formally welcomed all the dignitaries present on the dais and students. The Principal, Dr. Sindhu S Nair presided over the meeting in which Rev. Fr. Baby Chalil, AICUF State Advisor, adorned the role of Chief Guest. In her presidential address she encouraged and named the students of AICUF as the leaders of the college, she has also motivated them to contribute in nation building as a warrior of future by planning of community services under the banner of AICUF. In his inaugural address the Chief Guest, Rev. Fr. Baby Chalil briefed about the history, functioning and importance of AICUF. He also encouraged the students to make the use of AICUF platform to be creative in every aspect of their life journey. In the end, Smt. Liya Jose M, teacher Co-ordinator thanked all the invited guests and participants for gracing the occasion by their solemn presence. The formal inauguration session was followed by an invited talk on "Together we make Difference" by the Chief Guest. In his speech, Rev. Fr. Baby Chalil described the motto of AICUF and explained the three major pillars of AICUF as Spiritually alive, Social Commitment, and Intellectual alert. He also gave a well clarification about the difference between motivation

and performance to students. Finally, he reminded the students to celebrate November 26th as the constitutional day of AICUF.



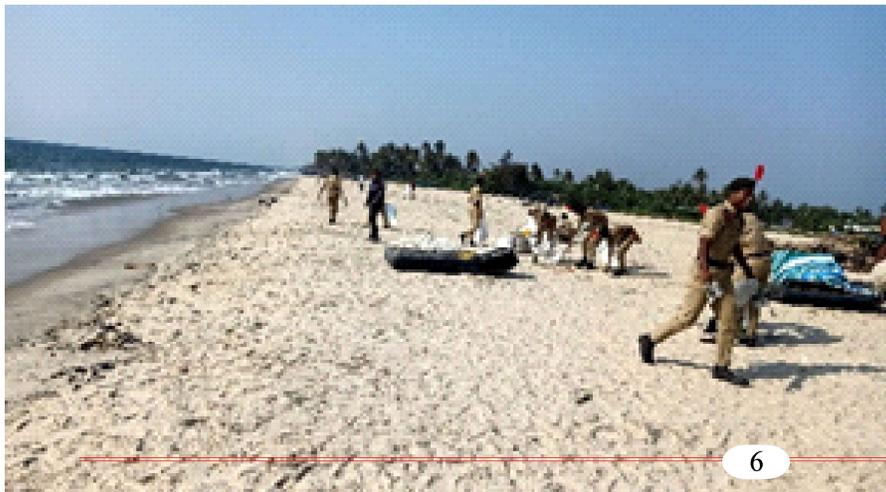
ASAP One Day Training Programme

Personality Development and Capacity Building are supposed to be the integral aspects of higher education. However, these ends are rarely achieved through the academic syllabi. To facilitate a holistic growth of the beneficiaries, St. Michael's College organizes various programmes under the aegis of different clubs and organizations functioning on the campus. The One Day Capacity Enhancement Workshop conducted by the Career Guidance and Placement Cell of the College in association with ASAP, Govt. of Kerala, on the 13th of October, 2022, was hosted with a similar intention. The training programme enabled the participants to have a vivid understanding of themselves through various activities led by Ms. Mary Dona, Official trainer of ASAP. The day witnessed several activities like SWOT analysis, confidence building endeavours, team building exercises, problem solving activities etc. Selected students of the college participated in the event.



Beach Cleaning @ Andhakaranazhi

The NCC and NSS units of St. Michael's College, Cherthala has conducted a beach cleaning drive at Andhakaranazhi beach in Cherthala Taluk on 25th February 2023, in association with Green Community, Alappuzha. 30 NCC cadets and 10 NSS volunteers participated in the cleaning drive and collected 30 big sacks of plastic waste from the beach and handed over to the local authorities for its proper disposal



Workshop on Virtual Labs

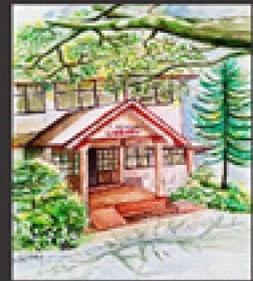
The Department of Chemistry and IQAC St. Michael's College, Cherthala, in collaboration with Amrita Virtual Labs, Amrita Vishva Vidyapeetham, organized a one-day workshop on Virtual Labs on the 10th of March 2023. The workshop aimed to provide participants with an overview and hands-on experience with virtual labs, a technology-enabled tool that provides an online platform for conducting experiments and scientific simulations. The programme was coordinated by Dr. Manoj Parameswaran the IQAC coordinator of the college and Head of the Department of Chemistry and also the Nodal officer of Amrita Virtual Labs at St. Michael's College. The workshop began with a welcome address and inaugural session, followed by an introduction to the Technology Enabling Center at Amrita by Mr. Saneesh P F. He shared his knowledge and expertise as a Project Manager and Technical Lead of Physical Sciences Virtual labs at Amrita Vishva Vidyapeetham. Mr. Saneesh emphasized the importance of virtual labs in providing various opportunities for students to develop innovative ideas and commercialize their product. The technical session started with a presentation and video on the Introduction to Virtual Labs. This session was handled by experts who provided the participants with an overall understanding of virtual labs, their concept, and overview. Participants also learned about the virtual lab-related activities and their significance in the field of science. The next session involved a demonstration of virtual lab experiments, which was handled by Mrs. Nijin N, Research Associate at VALUE@AMRITA, Amrita Mind Brain Centre, Amrita Vishva Vidyapeetham. She guided the participants through hands-on activities to help them understand how to perform experiments using virtual labs. This session was highly interactive, and participants got to experience the various features of virtual labs, including simulations and 3D models. The workshop concluded with a Q&A session where participants could ask questions and clarify their doubts. The session was very informative, and participants found it to be an excellent opportunity to learn from experts in the field of virtual labs. It provided participants with an in-depth understanding of virtual labs and their applications in the field of science. The hands-on activities and interactive sessions were particularly useful in giving participants a practical understanding of the technology, which will help them incorporate virtual labs into their teaching and learning methods.



Book Club

The first meeting of the Book Club was convened online on the 29th of December 2022 at 3.00 pm. The programme commenced with the prayer song (Ashik Michael, I BA Eng) and the welcome speech by Dr Vimsy Geo, coordinator, Book Club. Dr Patricia Robin, the College Librarian was proposed to be the presiding chief guest but she could not join due to health reasons. So, the coordinator took over and did a presentation on the constitution, and objectives and vision of Book Club. Aleena S. of III BA English and Dhanasree S. of II BA English made a vivid and wonderful presentation of their reading experience with certain authors. After a vibrant and rewarding interactive session, Gowri S (II BA English) was applauded for her mastery and life-like painting of the College Library. Followed by Gowri's addressing the audience, Honey Gilbert of II BA English, the host of the programme, proposed the vote of thanks. The meeting came to closure at 4.15 pm.

SMC
BOOK
CLUB
MEETING 1



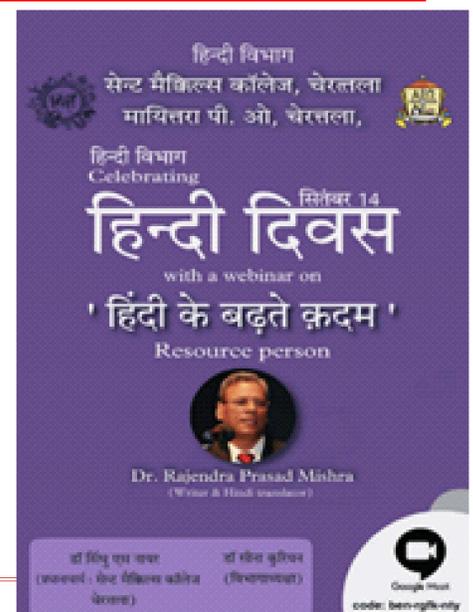
Lakshya 2023: Campus Recruitment Drive

The 2022-2023 academic year's activities of the Career Guidance and Placement Cell concluded with the conduct of a Campus Recruitment Drive on the 23rd of March, 2023. The year long orientation and career guidance programmes conducted by the Cell for the final year UG and PG students found fruition in the form of mass participation from the students. More than 160 students participated in the drive in which 9 different employers from different parts of the country had joined to fill in more than 300 vacancies. The event which was held in the college auditorium from 11 am to 3 pm was sponsored by the PTA of the college. Lunch and refreshments were arranged for the representatives of the firm and the volunteers of the process. More than 60 students from the college cleared the first round of interviews held by various firms.



Hindi Divas

"Hindi Divas " or National Hindi Day is celebrated in India every year on 14 September to mark the adaptation of Hindi as the official language by the Constituent Assembly on September 14, 1949. Department of Hindi organized different programmes to commemorate the day. The department conducted a webinar titled "Hindi ke kadam" on 14th September 2022. The famous writer and Hindi translator, Dr. Rajendra Prasad Mishra led the webinar. The Head of the Department, Dr. Seena Kurian gave a brief introduction about the resource person and welcomed him to the programme. Navaneeth Krishnan of second year Chemistry delivered the vote of thanks. Through the webinar, the students realized the importance of Hindi language.



Recitation Competition

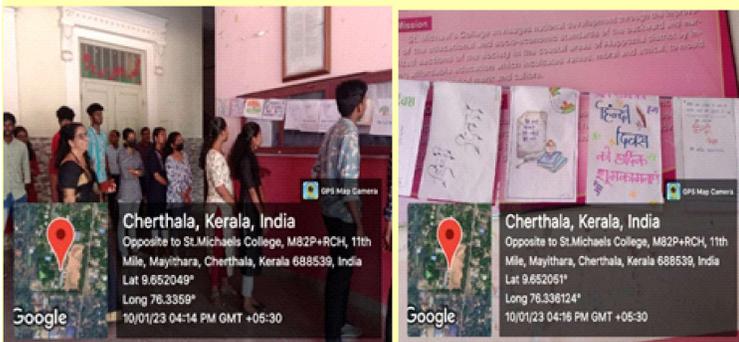
Department of Hindi organized a Hindi Recitation Competition in connection with the Hindi Department Association Inauguration. The programme was held on 21st November 2022. The competition started at 1.00 p.m. in the College Auditorium. Many students participated in the competition. Bhavana Krishna and Becky Phitters of English department won the first and second prizes respectively. Prizes were distributed in the association inaugural ceremony. The recitation competition ended by 2 pm.



World Hindi Day

World Hindi Day or Vishwa Hindi Diwas is observed on January 10 every year to mark the importance and legacy of the Hindi language across the globe. It is celebrated to rejoice in the day when Hindi was first spoken on the National platform of the United Nations General Assembly.

On this day we organized a poster exhibition at our college portico. All the students were asked to bring posters on Hindi Day. Our college Principal Dr. Sindhu. S. Nair inaugurated the exhibition. Dr. Seena Kurian delivered a speech on Hindi day and the importance of observing this day. The posters were exhibited among all the students of our college.



Association day

Department of Hindi conducted Association Day Inauguration on 28th of November 2022. The programme started at 1.30 p.m. at Fenicio Digital Seminar Hall with a Hindi prayer song. After the prayer, the head of department, Dr. Seena Kurian delivered the welcome speech. Principal of the college, Dr. Sindhu S Nair officially inaugurated the programme. After the inauguration Retd. Professor of Hindi Dr. B Vijayakumar made a talk on the topic. He talked about the history and development of contemporary Hindi poetry. Prof. Sam Johnson delivered the felicitation speech. Mrs. Nirupama U, Faculty of Department of Hindi proposed the vote of thanks. The programme came to an end by 3.30 p.m.



Activities of College Union 2022-23

Elected College Union 2022-2023

Staff Advisor	:	Pratheesh P., Assistant Professor, Department of History, St. Michael's College Cherthala
Chairman	:	AnandhuSukesan, II Year B.Com
Vice-Chairperson	:	AthulyaSivadasan, II Year, B.Sc. Physics
General Secretary	:	Indrajith N A, I B.Voc. Tourism and Hospitality Management
UUC's	:	Arjun. C. V, II Year B.Sc. Chemistry Josemon A B, II Year BBA Logistics
Student Editor	:	Nandana T S, II Year B.Sc. Physics
Art Secretary	:	Sonu S R, I Year B.Com
Sports Secretary	:	Sruthimol. S, II Year BBA Logistics
Lady Representatives	:	Nandana. S, I Year BBA Logistics Ashrin Jackson, II B.Com
I DC Representative	:	Anakha Maheedharan, I B.Sc. Chemistry
II DC Representative	:	Anaswara Anilkumar, II B.Sc. Chemistry
III DC Representative	:	Amal Xavier, III B.Sc. Physics
I PG Representative	:	Nayana Yohannan, I M.Com
II PG Representative	:	Ayana B, II M.Com
Staff Editor	:	Dr.Seena Kurian, Assistant Professor, Department of Hindi Dr. Mary Reema, Assistant Professor, Department of Malayalam

Oath Taking Ceremony

An oath or affirmation that a person takes before taking on the responsibilities of the College Union is observed by St. Michael's College as part of an oath-taking ceremony for College Union office bearers. This role typically involves educating students about democracy and encouraging them to feel a sense of civic and leadership responsibility. The oath-taking ceremony for this year was held on December 13, 2022, at 10 am in the college's outdoor auditorium. In a brief but beautiful ceremony, the college's representatives from the college union swore an oath in front of the Principal.

FIFA World Cup 2022 Fever

To honour the successful conduct of the FIFA World Cup 2022 and Lionel Messi's Argentina victory, College Union organised a celebration on December 19th, 2022, inside the campus. All football fans were ecstatic, yelling the names of their favourite football heroes, blowing trumpets and horns, dancing and celebrating their team's World Cup performance. The event boosted team spirit among St. Michael's college students and created an atmosphere of fervour and excitement. The celebration saw a memorable time and burst into flames of excitement and friendship.

Christmas Celebration

Christmas is a joyous occasion for exchanging holiday greetings, exchanging gifts, and bringing families together. The College Union organised this year's Christmas celebration on the college campus on December 22, 2022. As part of the festivities, the college choir performed a rhythmic performance, and Santa Claus added a surprise gift. Cultural events centred on Santa Claus, Christmas carols, Christmas cribs, and Christmas stars are available for students to compete

in. The day concluded with a Christmas message from the Chairman of the College Union, and the staff and students were enthralled by the Christmas joy.

The Inaugural Function of College Union

'Jwala' - Flames of Youth - was the name given to the college union. The inaugural ceremony took place on January 24, 2023, at the college's Open Air Auditorium. The main guests of the day were Adv. A M Arif, the Honourable Member of Parliament from Alappuzha, and Malayalam Film Actor Sri. Minon John. Sri. Minon John inaugurated the arts club at the same event, and Sri. A M Arif inaugurated the College Union. AnadhuSukesan, Chairman of the College presided over the function and Manager Rev. Fr. Nelson Thaiparambil and Principal Dr. Sindhu S Nair were present. The General Secretary, Sri. Indrajith, proposed a vote of thanks. Students' dance and music performances brought life and colour to the event.

Sports Week

The College Union hosted a sports week from February 20-24, 2023. All of the students and faculty members were present as inter-departmental games events were launched by our principal, Dr. Sindhu S. Nair. Students were encouraged to participate in sports and competitions by the principal. Track and field competitions for both students and teachers are held after it. All of the undergraduates and postgraduate students, and faculty participated in a variety of sporting events, including cricket, volleyball, football, athletics, table tennis, carom, chess, and kho-kho. Overall, the week-long event was a huge success thanks to everyone's overwhelming enthusiasm and maximum participation.

Arts Festival

On March 28, 2023, the College Auditorium hosted an Arts Festival organised by the College Union. Mr. AnadhuSukesan, the Chairman of the College Union, presided over the opening session. Dr. Sindhu S. Nair, the principal, officially opened the event. Mr. Sonu S. R., the arts club secretary, then gave a welcome speech. The general secretary, Mr. Indrajith, offered a vote of thanks. Following the inauguration ceremony, a number of cultural contests were held under the auspices of the arts club. The winners who gave outstanding performances were chosen to take part in the University Arts Festival in May 2023.



College Day Celebration

The college open auditorium hosted the celebration of College Day for the academic year 2022–2023 on March 30, 2023, at 10 AM. Respected Principal Dr. Sindhu S Nair welcomed the crowd while Mr. AnadhuSukesan, the chairman of the college union, presided over the event. Fr. Nelson Thaiparmabil, college manager, gave the benediction. The day's main guest was the artist Jithesh G. The annual report highlighting the accomplishments and cocurricular, extracurricular, and academic achievements of the faculty, students, and staff for the academic year 2012–2013 was delivered by Mr. Indrajith, general secretary. The Chief Guest gave the winners of the Sports and Arts Festival prizes for both group and individual competitions. Following that, our students presented an amazing cultural programme.



ചേർത്തല സെന്റ് മൈക്കിൾസ് കോളേജ് യൂണിയൻ ജ്യാല-2023 എ.എം. ആരിഫ് എംപി ഉദ്ഘാടനം ചെയ്യുന്നു.

വിളംബര യാത്ര

മാനാർ: കൂട്ടാംബശ്ശിയിലെ 25-ാം വാർഷികത്തോടനുബന്ധിച്ച് നാളെ നടക്കുന്ന അയൽക്കൂട്ട സംഗമം ചുവട്-2023 ന്റെ വാർഷിക വിളംബരഘോഷയാത്ര നടത്തി. മാനാർ പഞ്ചായത്ത് മൂന്നാം വാർഡിൽ നടന്ന ഘോഷയാത്രയിൽ സുനിൽ ശ്രദ്ധയം, പി.എ. ഗീവർഗീസ്, കടാംബശ്ശി

സെന്റ് മൈക്കിൾസ് കോളേജ് യൂണിയൻ പ്രവർത്തനം ആരംഭിച്ചു

ചേർത്തല: സെന്റ് മൈക്കിൾസ് കോളേജ് യൂണിയൻ ജ്യാല-2023 എ.എം. ആരിഫ് എംപി ഉദ്ഘാടനം ചെയ്തു. ആർട്ടിസ്റ്റിക് സൊസൈറ്റി ന്റെ ഉദ്ഘാടനം സിനിമാതാരം മിനോൺ ജോൺ നിർവഹിച്ചു. കോളേജ് യൂണിയൻ ചെയർമാൻ അനന്യ സുകേശൻ അധ്യക്ഷത വഹിച്ചു. കോളേജ് മാനേജർ ഫാ. നെൽസൺ തൈപാർമബിൾ, പ്രിൻസിപ്പൽ ഡോ. സിന്ധു എസ്. നായർ, സ്റ്റാഫ് അഡ്വൈസർ പി. പ്രതിഷ്ഠ എന്നിവർ പ്രസംഗിച്ചു.



Activities of Women Cell

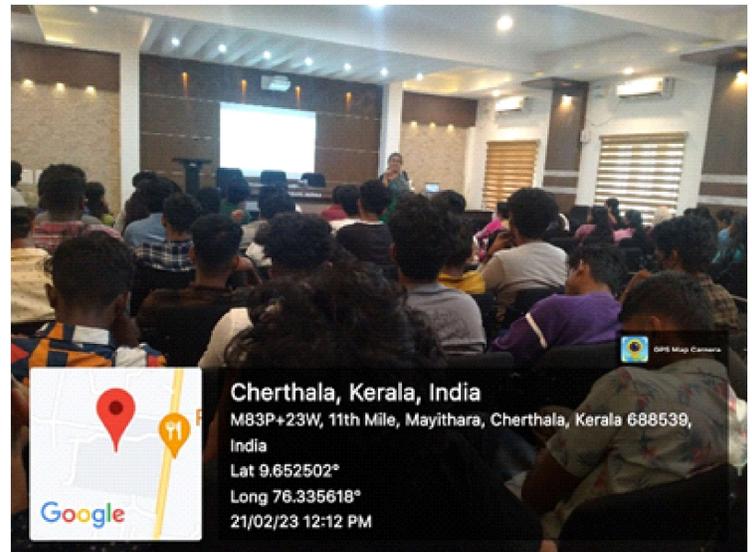
Legal Awareness talk on Domestic Violence

Women Cell in association with Sakhi, Department of Women and Child Development, Government of Kerala organized a legal awareness talk on domestic violence on 30.11.2022 at 11.00 am at college auditorium as part of "Orange the World Campaign". Principal Dr. Sindhu S. Nair presided over the function and Mararikulam North Panchayath President Smt. Sudarsana Bhai inaugurated the programme. The classes were handled by Adv. Sreelekshmi S., Legal counsellor, Gandhi Smaraka Seva Samithi. She spoke about the topic "UNITE" the topic of this year's campaign



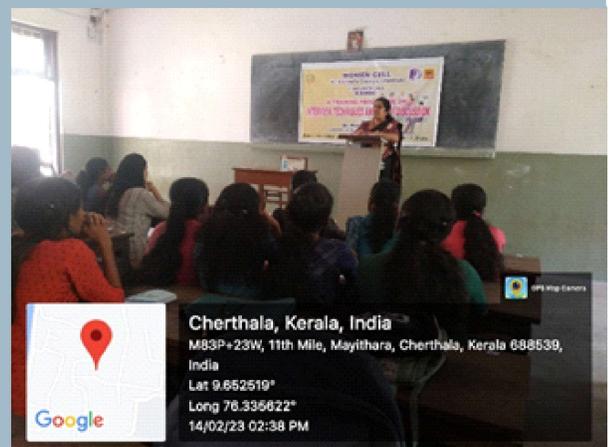
Social Engagement Programme "Social Skill Training"

Women Cell of St Michael's College in association with KSWDC (Kerala State Women Development Corporation) conducted a social engagement programme "Social Skill Training" on 21/2/2023 at 11 am in Fenicio Digital Seminar Hall. The class was handled by Dr V Rajamaniyyamma, Retired Principal, SVM NSS College, Vazhoor. She is a person who is engaged in number of social service programmes and an environmentalist. As an NSS programme officer the resource person had conducted programmes on Palliative Care, Cancer awareness, and built houses for the poor people in and around the college. Based on these experiences she inculcated the students on the need for social living and interaction with the society which we live around. She also convinced the students about the commitment of each person to the society where we are born and brought up. The students also shared their experience about their social life and had discussions on "Kudumbasree" with the resource person.



Training on Interview Techniques and Group Discussion

In association with KSWDC, women cell conducted a performance programme on "Training on Interview Techniques and Group Discussion" for final year students on 14/2/2023 at 2.30 pm at College Auditorium. The College Librarian Dr. Patricia Robin handled the session. The resource person being a well-versed communication expert gave the students a thorough training on both offline and online interview techniques and special attention was given to the recently important online models of interview techniques. Group discussion was also conducted among students by dividing them into focussed groups based on their aptitudes. Being final year students and as they were on the way to campus recruitment placement interviews, it was very helpful for them to build self-confidence and to present themselves without any fear before the interview board.



Self Defense Training Programme for Girl Students

Women Cell in association with KSWDC conducted a Self Defense Training Programme for girl students on 17/2/2023 at college auditorium. Smt. Aiswarya Nair K., Trainer Hawra International Sports School led the programme. The resource person was the alumna of the College and was also the best NCC Cadet. Around 80 students participated in the programme. Aiswarya motivated the students by understanding them the need for sound body and a sound mind. She also emphasizes the importance of physical fitness and regular exercise in our daily life. Students were practiced with different self- defense techniques. They were also made confident to use these techniques at times of emergency.



entirely managed by the students of the department. The final year students along with the support and cooperation from the juniors conducted the programme in an impressive manner.



International Women's Day Celebrations

Women Cell Unit of St Michaels College celebrated International Women's Day on 9/3/2023 at college auditorium. The official meeting started at 10 am. Women's Day celebrations was inaugurated by Dr. J. Prameela Devi, former member of Kerala State Women Commission and retired Associate Professor in English, NSS College, Vazhoor. The meeting was presided by the Vice Chairman of the College Kum. Athulya Sivasdas. Manager of the College Fr. Nelson Thaiparambil delivered benedictory address and Principal Dr. Sindhu S. Nair delivered message of the day. Dr. Seena Kurien, Nari Gourav Puraskar 2023 was honoured in the meeting. Dr.Prameela Devi shared her experiences as a member of UN Peace foundation and she convinced the girl students about financial as well as economic empowerment. Students and teachers actively participated in the interaction followed with great interest. The cultural programmes by teachers and students were conducted in the afternoon. The programme comes to an end at 4 pm.



Mughaamugham" Programme

The much-awaited grand inauguration of the English Association happened on the 17th of November, 2022. The association which has been named 'The Literati', owing to the nature of it's members who are literary enthusiasts, was inaugurated by Ms. Anjali George, Asst. Prof. of English, St. Joseph's College for Women, Alappuzha. The event also witnessed the inauguration of a book recycling drive, an initiative of the first year B. A. English class in association with KITES Foundation, Kochi, and Kerala's Scrap Pickup Company. The winner of the Painting Competition held by the department in connection with World Malala Day was also honored during the event. A lunch was arranged for all the members of the department and cultural programmes followed. The most striking feature of the event was that it was



Theme Dance on “Women Rights”

Women Cell unit of St Michael’s College in association with KSWDC organized a “Theme Dance” on 9/3/2023. A group of well-practiced students presented the theme “women empowerment “through their dance performance. They could pass on to the message of freedom of women, different atrocities women are facing and how they can tackle it. It was a wonderful performance well appreciated by teachers and around 300 students.



Gender Awareness Programme on “Women and Media”



Women Cell in association with KSWDC organized Gender Awareness Programme on “Women and Media” at 1.30 pm in Fenicio Digital Seminar Hall on 22/3/2023. The session was handled by Smt. Justina Thomas, Senior Correspondent, Manorama News. She shared with students her experience

Childrens Home Visit

Women Cell unit visited the Government Childrens Home at Mayithara on 18/3/2023 as part of community intervention programme. About 40 students and teachers reached the Children’s home by 10.30 am and spent about 3 hours with inmates. Information about the children were gathered from the authorities. The students conducted various cultural programmes such as dance, group song, folk song etc with the inmates of children’s home. The inmates actively participated in all the programmes. Various games were also conducted for the children. All those who participated in the programmes were given presents. The children very much enjoyed the programme and requested us to visit them occasionally.



as field reporter and senior journalist. She emphasized the need of the presence of women in media. She also analytically presented the problems faced by women journalists with the examples of those women journalists who successfully handled the situation. She shared the success stories of many women journalists. Students were well acquainted with the problems and prospects of role of women in media. About 100 students participated in the programme. Students also cleared their doubts and some students expressed their wish to work in media.

Gender Sensitization Training Programme on “Gender Equity for Attaining Gender Equality”

Women Cell of St Michaels College in association with KSWDC organized Gender Sensitization Training Programme on “Gender Equity for Attaining Gender Equality”. The programme was arranged in two sessions as Talk1 and Talk 2 on 22/3/2023 and 23/3/2023.

Talk 1 was conducted in the College auditorium. The class was handled by Smt. Usha S, Chairperson Mochitha, a women liberation organization. She shared with the boy students her field experience as she is an activist among families facing different sorts of problems. She convinced the students the true aspects of Gender equality and advised them to practice gender equality and equity both at their home and society. The students also expressed their views on gender equity concepts. Talk 2 was delivered by a practicing senior advocate M. M.Salichan. He discussed in detail the legal aspects of gender equality and equity and differentiated the term gender equity and equality. He gave a framework of many laws including Sexual Harassment at work place, Domestic Violence Act and convinced them the stringency of the law. About 100 boys participated in the programme. Students put forward their doubts and it was well cleared by the resource person.



Activities of NSS

National Youth Day

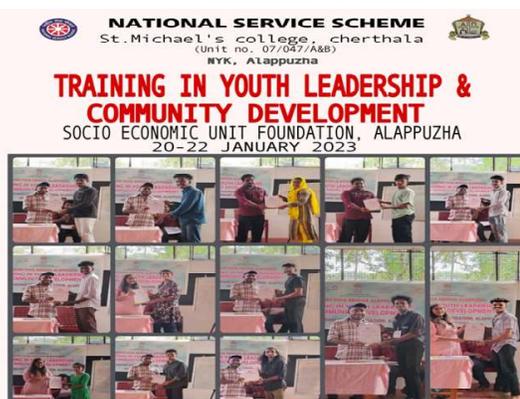
National Youth Day celebrated on 12 January and is also known as Rashtriya Yuva Diwas. The day is observed to commemorate the birth anniversary of Swami Vivekananda, one of the greatest philosophers and spiritual leaders. On this day the NSS volunteers of St. Michael’s College visited a special school and conducted several programmes. They made the smart kids out there to play games, dance, and sing. They conducted a mini youth festival out there and distributed sweets. The volunteers were accompanied by the programme officer Dr.Seena Kurian.



Training in Youth Leadership & Community Development

NSS volunteers of St. Michael’s college, Cherthala took part in a Training in Youth leadership and community development. It was a three-day residential training camp conducted by Nehru Yuva Kendra, Alappuzha at Socio Economic Unit Foundation (SEUF), Kalavoor, Alappuzha.

Around 36 students from different college in Alappuzha district participated in the training programme. The training includes many useful sessions like Cyber security, fire and rescue training, public speaking, interview session, self-defense training and so on. The students participated in this training programme found it very productive. This training helps to develop the leadership quality in everyone and helps in our personality development.



Bhalikasadhanam Visit

The NSS wing of St. Michael's college, Cherthala, visited an orphanage home 'Madhavam' at Thuravoor on 28th of January 2023. Around 14 volunteers from our unit visited the place, which is run by Madhava Seva Samithy, Thuravoor is a home in which around 100 orphaned girl children are living. We reached the place at 10:00 am. We were pleasantly received by the President of the orphanage, Mr. Gopala Krishnan and the children. The children greeted us with great enthusiasm. While interacting, the president of the place makes us to know about the history and vision of the orphanage. After that our volunteers distributed sweets to the children. Our volunteers interacted with the children. The children showcased their various talents in front of us. Our volunteers also performed a dance for the children. All the children looked so excited and joyful.

Marty's Day

Martyrs' Day is recognized nationally on the 30 January to mark the assassination of Mahatma Gandhi in 1948, by Nathuram Godse. The NSS volunteers of St. Michael's College arranged a photo exhibition. It contained the photos of Mahatma Gandhi from his birth to death. The Principal of our college Dr. Sindhu S. Nair gave the message and proffered flowers on his photo.



Indian Coast Guard Day

The Indian Coast Guard Day is celebrated on February 1 every year to honor organizations that look after maritime security. This day was commemorated by the NSS unit of St Michael's College by visiting the Andhakaranazhi Beach and cleaning it up.



World Wetlands Day

The World Wetlands day, celebrated annually on February 2, aims to raise global awareness about the vital role of wetlands for people and planet. NSS volunteers of St. Michael's College, Cherthala celebrated World wetlands day. The programme was conducted by the NSS unit in association with the Kerala SasthraSahithya Parishad (KPSS). A lecture on "Wetland and Kerala Development" was given by Dr. V.N. Jayachandran, a member of KPSS, which focused on the importance of wetlands and the need to protect them. The volunteers discussed their doubts and queries with the resource person. The session was interactive and helpful. The aim was to promote the importance of wetlands on the environment and how they should be conserved for the betterment of our environment and our own lives. Every volunteer participated in the program and perceived that wetlands are as important as forests.



World Cancer Day

World Cancer Day is an international day marked on 4th February to raise awareness of cancer and to encourage its prevention, detection, and treatment. It aims to prevent millions of deaths each year by raising awareness and education about cancer, and pressing governments and individuals across the world to act against the disease. The NSS volunteers of St. Michael's College, Cherthala observed World cancer day. As part of the day, the volunteers conducted a cancer awareness class which was led by Dr. Gayathri Jayaprakash, consultant radiation oncologist of Prathyasa Cancer Care Center, Cherthala. The Rotaract Club of Cherthala town were also a part of the day. They honoured the doctor for her excellent service and Ms. Sussann Basheer, who have an experience of 34 years in the field of pediatric oncology. She shared her experience to the students. The class was interactive and qualitative for the volunteers. The session ended with the volunteers asking their doubts and queries which were explained crystal clear. 25 volunteers donated their hair for cancer patients, being a good example for the society and the upcoming generations.



Seminar on VEMBANAD – ECOSYSTEM AND SUSTENANCE.

On 5th February 2023, the Kerala Sasthra Sahithya Parishad (KPSS) conducted a seminar on the topic “ Vembanad – Ecosystem and Sustenance “ in Muhamma. The seminar started at 2.00 pm. The seminar discussed about the environmental problems of Vembanad and the livelihood problems of the residents in the context of climate change. The seminar was presented by Mr. Joji Kootummel, the general secretary of KPSS. The seminar was simple and time worthy. The NSS volunteers participated in the seminar. They took great interest in learning more things about the Vembanad wetland.

Notice Distribution

For raising awareness about Cancer and to impart knowledge among the people, the NSS unit of St Michael's College distributed a notice that contained all the details about Cancer. It was distributed by the volunteers to the college students as well as the people outside the college. People showed great interest in reading those. The initiative was led by our programme officer Dr. Seena Kurian.



World Radio Day

World Radio Day is observed every year on 13th of February to raise awareness among the public and the media about the importance of radio and to encourage access to information through radio. The NSS volunteers of St. Michael's College, Cherthala observed World radio day. As part of the day, the volunteers conducted a radio programme, the “radiomittayi”. The volunteers gathered the students with their interactive talk. They sang songs which were melodious. The students were given a small talk on the importance of radio. The volunteers did celebrate the birthday of the “Nightingale of India”, Sarojini Naidu. The RJs asked tinky questions to the audience and received funny answers. They also mentioned a few things about Valentine's day. With the radio programme being so much entertaining and funny, the programme ended with another beautiful song.



International Mother Language Day

International Mother Language Day is observed on February 21st each year to promote linguistic and cultural diversity and multilingualism. The NSS volunteers arranged a program and impressed the whole college. They encouraged them to use their mother language. They conducted the program “VERNACULAR”, a fun-filled activity full of games. There were tongue twisters, multilingual songs, and various other activities. The importance of mother language was imparted to the students. Many participated and won prizes and the whole day, every tried to speak only in their mother language.

Team Kerala Pass Out Parade

NSS volunteers of St Michael's college participated in a two-day passing out parade camp organized by Kerala Youth Welfare Board. The camp was conducted on 22nd and 23rd of February at the Chandra Shekaran Nair Stadium, Thiruvananthapuram. 16 volunteers from our NSS unit took part in the camp. The volunteers reached Thiruvananthapuram on 22nd of February around noon. Soon after settling in the volunteers started practicing for the parade. On the second day the parade ceremony was inaugurated by honorable Chief Minister Sri. Pinarayi Vijayan, the presidential speech was led by former minister of fisheries, culture, and youth affairs. The chief guest of the programme was Mr. P. A. Mohammed Riyas, minister for public works department and tourism of Kerala. The volunteers showcased their parade around 4:30 pm. Around 200 volunteers from from all the districts of Alappuzha partaked in it. All the official programmes came to an end around 6:00 pm. The camp was an engaging and new experience for our volunteers.



National Integration Camp

The National Integration Camp was held in Mary Matha Arts and Science College Mananthavady, Wayanad from 4th March 2023 to 10th March 2023. Our volunteer Aadithyan S. Panicker was selected for this camp. At the time of registration, the volunteers were provided with Jersey, cap, books and pens. The first day started with an introductory session. The volunteers were given different academic and nonacademic sessions. A

session by Mr. Brahmanayakam was held. There were cultural programs on each day and the volunteers performed different cultural programs of their states. There was a field trip to the Kuruva island on 8th March. On the last day our volunteer performed the traditional Theyyam, Mudiattam and some folk songs. The camp ended on 10th March with a formal function where the chief guest gave away the certificates to the campers. To him, the camp was interesting and he was able to befriend students across the country and learn about their cultures and linguistics.



lunch, several NSS volunteers and programme officers were honoured with momentous for their services. Our programme officer Dr. Seena Kurian and volunteers, Anaswara Lal and Siva S Babu were also given momentous for best programme officer, best volunteer, and for best volunteer appreciation respectively.

After the award ceremony various cultural activities had begun. Our volunteer S A. Athul Krishna showcased a classical dance performance. Also, there were a group dance performance by special kids. The cultural activities ended with Naadanpattu and ChendaMelam. The cultural activities were a visual treat for everyone. The programme came to an end around by 6 pm in the evening.



International Women's Day

International Women's Day is a global day celebrating the social, economic, cultural, and political achievements of women. The NSS unit commemorated this day by arranging an interactive session with the volunteers themselves. They were asked to share their opinions about the various problems that are still prevail in our society. An essay writing competition was also set.



District Level Neighborhood Youth Parliament

NSS wing of St. Michael's college in association with Nehru Yuva Kendra, conducted a District level neighborhood youth Parliament. The programme was conducted on 11th March 2023 at Rajiv Gandhi Town Hall, Cherthala. The programme began at 9:30 am, by a talk from Dr. Asha. Later on the program was officially inaugurated by

After that a heated discussion was led by prominent politicians. The discussion was quite interesting till the end. Shortly after

Forestry Day

March 21st is observed as International Day of Forests or World Forestry Day worldwide to increase awareness about the importance of forests, woodlands, and trees in our lives. It is important to understand the value, significance, and contributions of the forests to balancing the life cycle on earth. An issue like deforestation is also addressed on this day. In this day, the NSS unit of St. Michael's College conducted a photography competition. The volunteers were asked to post a picture related to forests. The volunteers enthusiastically participated and posted numerous pictures. Among them, the best one was given a token of appreciation. Also, the volunteers were asked to provide the birds with a small tub of water in this

hot weather. The volunteers did this perfectly and shared the pictures. This was an initiative of the forest department of the state.



Water Day - Pond Cleaning

The NSS wing of St. Michael's college, Cherthala, as part of water day undertook a pond cleaning activity in our college premises. About 7 volunteers took part in the process along with other two pond cleaning experts. The pond present inside the college was contaminated due to improper care during the 2-year lockdown time. The volunteers started cleaning in the morning. They found some plastic wastes and other non-biodegradable materials which made it hard for cleaning. After the cleaning we made the proper disposal of all those wastes. They also found some turtles and fishes also. After cleaning we reintroduced them into the pond itself.



Poetry Day

World Poetry Day is celebrated every year on March 21, celebrating a linguistic expression that people from all cultures can identify with. Poetry can be found in the history of every nation, and brings us together under shared values and common humanity. The NSS volunteers were given a chance to enhance the poet or poetess in them. They were informed to write a poem on any topic they like. The poem can be in any language and the volunteers did an amazing job as they wrote mesmerizing poems....

Survey

NSS volunteers of St. Michael's College held a survey of 'Youth not in formal education or regular employment' at our adopted village. The survey set out at 10 am as two teams. We covered almost all the houses. The main aim of the survey was to take an account on unemployed youth in our society. At 2 pm almost all houses were covered and the survey was halted.

The survey was very helpful in building up kind and promising social behavior in the volunteers. The survey was very successfully completed, as every family cooperated with us.



St. Michael's College Cherthala Participation in Kerala University Youth Festival 2023

The Kerala University Youth Festival is an annual event organized by the Kerala University Students Union to test students' intellectual and artistic prowess. This year, it is held in Ambalappuzha of Alappuzha, and there will be five days of competitions at a dozen locations with names of notable writers and artists of the State. The Kerala University Youth Festival has become an arena for identifying the stars of the future, with film makers, patrons of art, film stars, writers, artistes and cultural leaders all attending. Kum. Sethulakshmi. K. S. of St. Michael's College received the most points overall and was given the title "Kalathilakam 2023" during the Youth Festival. In a competition with 84 colleges, St. Michael's College placed 15th with a score of 33.

Out of 120 items, St. Michael's College participated in 12 items. From organizing side as well, 25 students of our college participated in the five day's events. The detail of participation is given below.

S. A. Athul Krishna, Anakha Dinesh, Sethulakshmi. K. S, Mary Nibitha K J, Sreehari. M, Ashna P J, Abin Michael, Anusree Rajesh and Anaswara Lal from our college participated in various events.



Sethulakshmi K.S. of St. Michael's College, Cherthala, who won the first prize in fancy dress competition in the Kerala University Youth Festival at Ambalappuzha on Saturday.
SURESH ALLEPPEY



പട്ടാഭിഷേകത്തിന് സേതുലക്ഷ്മിയും നന്ദകിഷോറും

ചേർത്തല സെന്റ് മൈക്കിൾസിലെ സേതുലക്ഷ്മി കലാതിലകം പട്ടവും തിരുവനന്തപുരം മാർ ഇവാന്റിയോസിന്റെ നന്ദകിഷോർ കലാശ്രീയിലെ പട്ടവും ഉറപ്പിച്ചു. മത്സരിച്ച ഏഴിനങ്ങളുടെയും ഫലം വന്നപ്പോൾ 33 പോയിന്റുമായാണ് നന്ദകിഷോർ ഒന്നാമതെത്തിയത്. സേതുലക്ഷ്മി അഞ്ചിനങ്ങളിലായി 25 പോയിന്റ് നേടി



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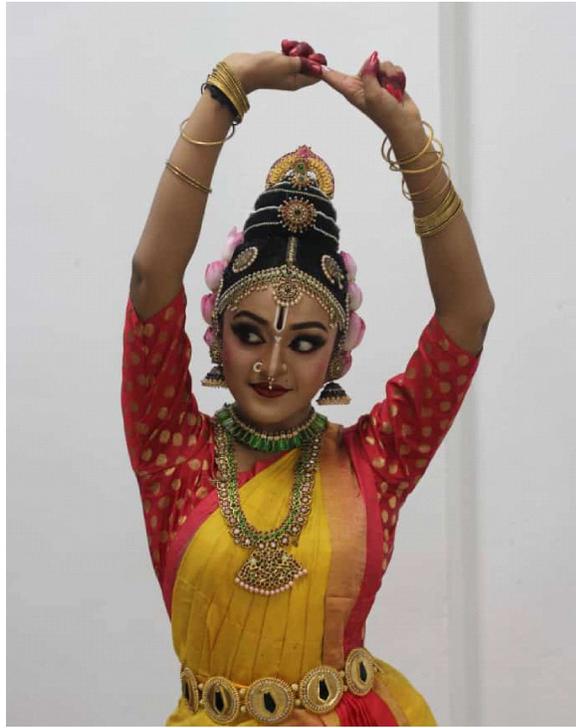


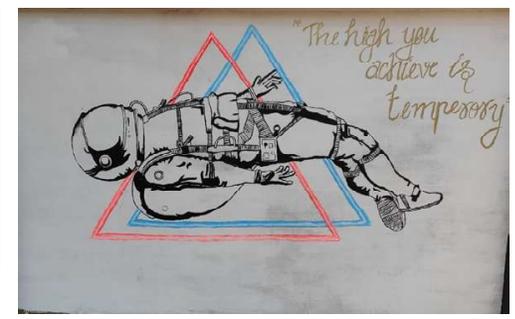
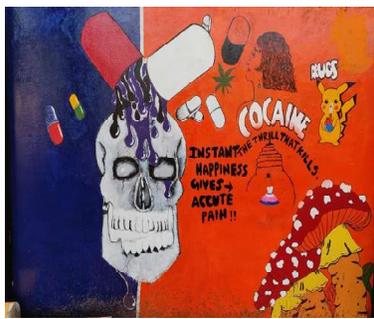
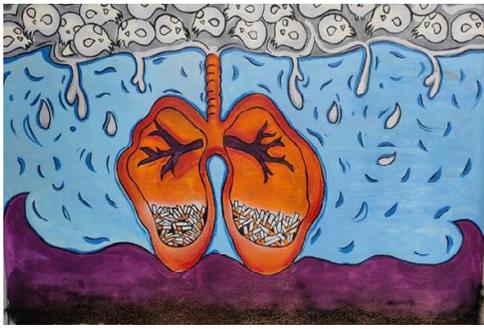
നന്ദകിഷോർ

യാണ് മൂന്നിട്ട് നിൽക്കുന്നത്. ഒരതനാട്ടും, നാടോടിനൃത്തം ഇനങ്ങളുടെ ഫലം വരാറുണ്ട്.



കേരളനടന മത്സരത്തിൽ ഒന്നാം സ്ഥാനം നേടിയ ചേർത്തല സെന്റ് മൈക്കിൾസ് കോളജി ലെ സേതുലക്ഷ്മി.





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